

SNAPSHOT

SHOWCASING WHAT WE DO BEST.
HAVING FUN WITH OUR FRIENDS, AT HOME, AROUND THE TRUST AND IN THE COMMUNITY

DISCO MOVES



Wayne Mitchell



Jack Moskowitz



Rose Clark



Lana Bagshaw

Congratulations to our Life Stylers who were picked for their dance moves!



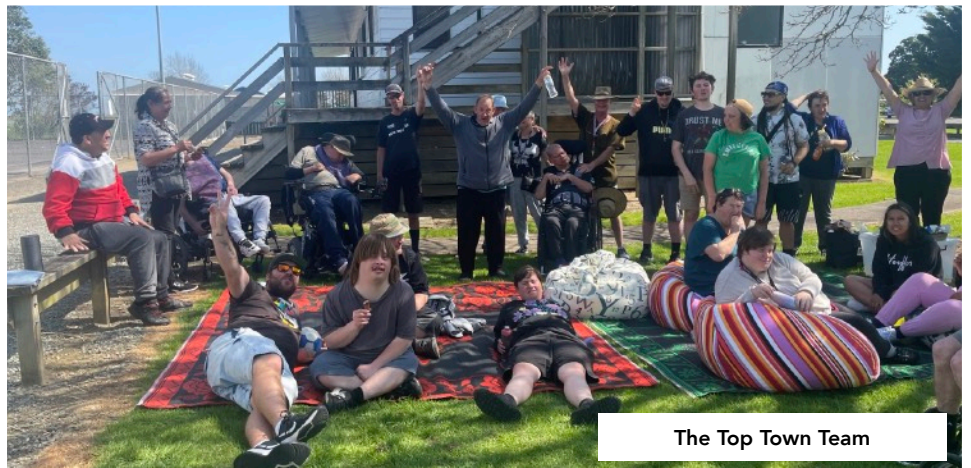
Paul Rolton & Shaun Cleaver



Disability Festival - Hamilton



Wep Webster at the SAUSAGE SIZZLE



The Top Town Team



At the last Roll Call, we were treated to some beautiful traditional Indian dancing from our lovely ladies



PUT YOUR IDEAS IN THE BOX AT THE CAFE



OUT AND ABOUT - Judy White & the 7 Dwarves



We would like to enter the Santa Parade again this year (remember we won last year) so we need your ideas.

Please write down your awesome ideas and put them in the special box by Monday 16th October.

Then we will talk about the ideas at the next Life Styler meeting and come up with a plan.



David East enjoying his weekly game of golf at the Thames Golf Club



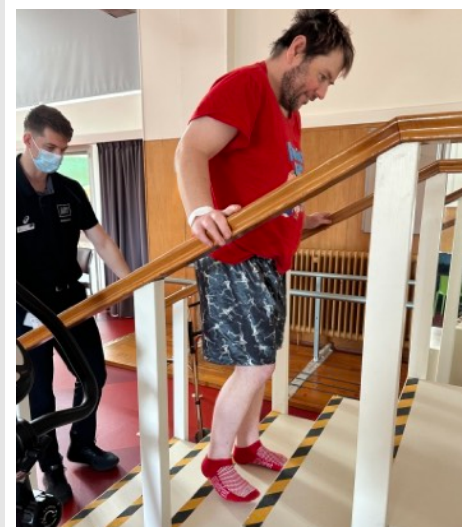
Dylan and Michael at the Waikino Rail Trail Tunnel.

It was a nice Friday afternoon for a local drive and walk. The mission was to find somewhere interesting, Dylan came up with the destination of Waikino. We parked at the Waikino hall and walked along the foot bridge on top of the road bridge with views of the Waikino river below to traverse the 1100 meter long Waikino old train tunnel that is now part of the Waikino rail trail. This was a good end of week trip to do.



Stuart was keen to go for a bike ride. We chose to ride on the Hauraki Rail Trail to Kopu and back. This short easy ride is about 25 minutes each way with the only road crossings in Thames town before joining the trail. At Kopu we cycled halfway over the new Kopu Bridge to look back at the Thames over the Waihou River. This is a ride we will try to repeat weekly if the weather allows. Murray Thomas

Stuart riding the Kopu to Thames Rail Trail.



Well done **Ray James!** Look forward to you coming home.