



THE LIFESTYLER

The Supported Life Style Hauraki Trust, 726 Queen Street, PO Box 524, Thames. Ph 07 868 5038

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Lambs @ the Trust farm



SPRING

Spring has sprung up on us one again with each month seemingly passing quicker each year. As everyone is aware the last month of winter has once again made us realise that no matter how much planning is in place to sail our boat on its plotted journey this can change in a day.

COVID certainly has a way of turning our sails however the boat we sail in is strong and although the sea was a little rocky at times, we kept the bow facing in the right direction! Our crew and passengers supported each other, faces continued to smile and enjoy the day!

We have now reached calmer waters, however the life rafts are still on hand and we are prepared just in case the COVID wind once again decides to rise. Thank you to everyone for your kind thoughts and reassuring words through our recent sail. We hope that you all managed your journey as well as we did at the Trust.



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Life Styler Profile

Arty Chambers

Arty was born in Opunake in 1954 on Melbourne Cup Day. He spent part of his life with IHC in places like New Plymouth and Opunake before moving to the Trust in September 2005. This month will be his 16th anniversary of living at the Trust - congratulations Arty!

Arty is a strong advocate for the rights of people with different abilities - his view is that "people should see us for **who** we are, not **what** we are". He also has a great sense of humour, loves to tell jokes, and even makes up new ones.

Recently, Arty has been working on putting some of his poetry and a song he's written to music, collaborating with Gary Comrie. We hope it can be finished in time for this year's Life Styler CD.

STAFF FOCUS

Lesley Whitehead



A reintroduction or new introduction to those that have not read this before, I am Lesley Whitehead the Executive Manager of Services

I started work with The Supported Life Style Hauraki Trust a year ago after gaining this wonderful position. I came to the Trust from the position of Manager of

Learning Support (formerly known as Special Education) having worked in this position for the Ministry of Education for 13 years. Prior to that I worked as Manager for Kidz First Child Development at CMDHB. I have a background in social work which included time working for CCS Disability Action.

I have a daughter with a disability and this led to my work choice many years ago.

My passion lies in working in the field of disability with a total focus on inclusion, teamwork and working collaboratively as one team. The team work in the Trust being Life Styler led and including families as much as possible.

Currently the service delivery leaders report directly to me and I am enjoying the work of providing support to them whilst building leadership skills across the Trust to deliver great services.

I can be contacted on lwhitehead@suplife.org.nz or 0272465225. I look forward to hearing from anyone that would like to share their ideas or feedback about service delivery. This helps us to continue on the pathway of delivering great services across the Trust.

Lesley Whitehead

LIFE IN LOCKDOWN

Unite
against
COVID-19

Tuesday 17th August started like any other weekday at the Trust. The café at 104 was humming, Life Stylers were busy heading out to vocational activities and safety intervention training was happening in the main hall at 726. By late afternoon rumors started circulating that there had been a community transmission of Covid-19 and that the positive case had been in the Coromandel area. Things then changed quickly. While the country grappled with the rapidly unfolding situation, the Trust Covid-19 protocols swung into action and very quickly we ended up back into a place we'd been before. Level 4 lockdown.

As the majority of our Life Stylers had been with the Trust over the 2020 lockdown, it was almost a case of business as usual. This wasn't the case for many of our staff as the last 12 months had seen a large amount of recruitment. Our teams rallied together, refreshed on procedures, reformed bubbles and supported each other as best they could.

What has made this lockdown special is the way in which the extraordinary staff and Life Stylers have found new and exciting ways to support each other's health and well-being. One of the key platforms we have used is a publication called 'Snapshot'.

Communication and collaboration was a huge focus during lockdown. We took on feedback from the last Level 4 and wanted to make sure this time that we had a way to keep all Life Stylers and staff up to date and in touch with each other.

Our fortnightly Snapshot went daily; capturing government updates, puzzles, recipes and most importantly photos of Life Stylers and staff carrying out activities and sharing their appreciation for each other.

As the Trust Covid-19 protocols require us to remain one alert level above the government mandated level. What this latest lockdown has shown us is that we are resilient, can move quickly between alert levels, maintain a safe environment for Life Stylers and most importantly still have fun!



Wayfinder / Sector TRANSFORMATION

The beginning of the journey for Enabling Good Lives started in 2011 and has developed very strongly in Christchurch, Waikato and through the prototype Mana Whaikaha in the Mid Central region. The vision for Enabling Good Lives was to reimagine the disability support system nationally so that: 'In the future, disabled children and adults and their families will have greater choice and control over their supports and lives, and make more use of natural and universally available supports'

In 2018, the Labour Government commissioned a wide-ranging review of the Health and Disability system in New Zealand and the report was released in June 2020. The report did not meet the expectations of the Disabled community, noting that there was no disabled voice on the panel and that little to no consultation with disabled persons and their families had taken place.

The Government noted this feedback from the Disabled community and requested further information and recommendations be made before a decision was made. This meant that final decisions about the shape of Disability Support reforms would not be made until the end of 2021 as opposed to the wider health reforms which were announced in April this year.

In the Waikato, we have been fortunate enough to observe and engage with Enabling Good Lives (EGL) as a demonstration. Although the demonstration is limited in

numbers it has allowed us to see what will be needed to bring the approach into the Trust.

Part of the Trust's shift towards the EGL approach has been the creation of Wayfinder which will act as a 'Kete' for the Trust to hold the EGL principles and the tools we need to keep us on track with the principles. Wayfinder has been developed as a joint conversation between Life Stylers, Families and Staff and will work in a constant cycle of review, based on feedback from Life Stylers and their family/whanau. This is a work in progress and we will explain everything and gather more feedback from you soon through many different channels.



The first part of this cycle of review is the change in our Life Style Planning process. This process has begun with the Life Stylers' survey. The survey we are using was developed as part of a wider tool created by SAMS

(Standards and Monitoring Service) for providers to self-assess and measure their alignment with the EGL principles. The survey is conducted by our Wellbeing Lead Alesha along with Davina Peke who is our new Wayfinder Co-ordinator. We understand that for some of our Life Stylers communication is a challenge, and to this end we have been engaging with a communication specialist to ensure Life Stylers are able to understand and that we are accurately capturing their answers.



If you have any additional thoughts about how this might more effectively work for your family member we would love to hear them, please email Davina directly dpeke@suplife.org.nz.

Life Styler Focus - Alice Vakalahi

Gorgeous daughter of Life Styler Alice Vakalahi. Kalani Rose Vakalahi's baptism ceremony was held in Hamilton last month. Mummy & baby are doing well.

Alice will be back living in Thames with Kalani in the coming months.



WAYFINDER SPOTLIGHT



Wayfinder will be a success because of strong relationships between staff, Life Stylers and families. It is a broad approach that encompasses input from everyone, to the decisions and outcomes identified by Life Stylers. Progress is being made on the planning and implementation of Wayfinder. As mentioned in the last newsletter, Wayfinder focuses on the importance of capability building, where Life Stylers are coached to live independently. A big part of this capability building, is growing the ability to make choices for themselves and personally feed into how they want to live their lives.

Two Trust positions in particular are pivotal to the success of this. Our Wellbeing Lead, Alesha Te Amohanga ensures that the wellbeing of Life Stylers is at the heart of every

decision, made by working closely with different teams to support individuals to be able to address any issues or concerns. And our newest role, the Wayfinder Coordinator, which was established to enable facilitation of these decisions, working with the individual Life Stylers, along with the key people in their lives to identify their desired outcomes. It was identified that we need a special kind of person to coordinate and encourage this approach amongst all the Trust, so Davina Peke was appointed into this role.

Alesha and Davina are working, alongside the Service Delivery Team, through the first stages of the Life Styler Surveys, Data Analysis and Action Planning. This is through many one on one conversations with Life Stylers and engaging specialised communication tools to assist Life Stylers in their understanding of personal choice. This enables a collaborative and cohesive approach towards the Trust's individualised people-centric approach. Once the outcomes have been identified by a Life Styler, the Wayfinder Coordinator and support teams will work collaboratively to help the outcomes be realised.

All staff will continue to play their pivotal part in supporting Life Stylers, with these roles providing additional support and guidance for the teams, to ensure that Life Stylers are living the lives of their choice.



How to Access our Services

Do you know of someone who may be interested in being part of our Trust Community?

We hold formal contracts with the Ministry of Health, ACC and the Ministry of Social Development. There is a formal process involved in accessing the services provided under the Ministry of Health and ACC contracts. However, we often get people interested in looking at the services we provide prior to them making the decision to follow through with the formal referral process. We welcome and encourage these visits. We also receive referrals from people who are currently in another service in New Zealand. The transfer process needs to be in consultation between the Needs Assessment agencies if the person lives outside of the Waikato DHB district. But if the person would like to move service within the Waikato then Disability Support Services will assess and co-ordinate the move.

Visiting the Trust not only gives the interested person and their families a good helicopter view of what we

do but it informs choice as to The Supported Life Style Hauraki Trust being the "right place".

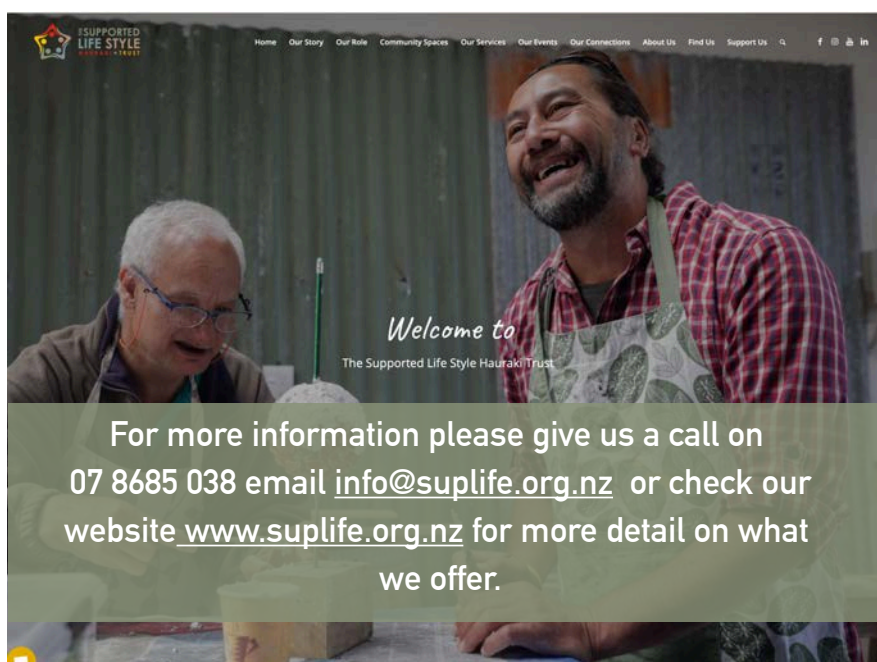
Once the decision is made that we are the "right place" contact should be made with the needs assessment agency at your local DHB for people with mixed abilities and ACC for those who have a Traumatic Brain Injury. The assessment focus undertaken by these agencies is primarily based on eligibility and the required supports based on the individual need.

In addition to the formal contracts we also offer tailored day placements to enable participation in our various activities such as Artsider, OriginalWorx,

Equilibrium and our small farm at Kerepehi.

People attending our day activities do not have to be living in the Trust. We do ask that visits are planned ahead of time to ensure that there is space in the chosen activity area and that there is the appropriate level of support available if required. There is a charge for attending however this is determined on an individual basis.

We also welcome people from the wider Thames Community to share these spaces alongside our Life Stylers creating and experiencing the varied opportunities available.



For more information please give us a call on 07 8685 038 email info@suplife.org.nz or check our website www.suplife.org.nz for more detail on what we offer.



New Team Leader - Farmer George

I started work in 1970 at age 15, working for my father Jack in Waitakaruru as a general shepherd. I was drawn to the farming life by my love of riding horses and subsequently learnt how to shoe, break in and train horses. I also learnt about handling sheep and cattle, shearing, docking, drenching, fencing, tractor driving, chain sawing etc. After doing this type of work for about 15 years and working on several properties I went dairy farming for my Uncle Bill also in Waitakaruru.

I did this for around 25 years then retired from dairy farming with a serious hand injury - the result of 4 different accidents to my left hand and wrist.

Then I bought a small dry stock property at Waitakaruru and when my hand recovered enough I took up a job at Thames Timber as 2IC of Opti 3a, an export wood grading position. When the mill closed down I started a job managing a stud bull and dairy heifer grazing block FI Crescent genetics at Miranda which I did for 7 years.

I have now worked at the Trusts' Wharepoa Road farm for the last couple of months and whilst very different from my previous positions the same skill set is required as well as learning new ones especially about iPhones and computers.

I asked a few questions about the previous managers De King & Matt Flude, I was told that whilst Matt & De were not farmers they were really decent human beings, which I think is a fine goal to live up to while working for the Trust. So far I've found this to be a very interesting position and have enjoyed working with the various Life Stylers and staff.

George French, Farm Team Leader



NEW FARM TRACTOR



The John Deere tractor that the Trust has had since 1996, decided that it was time for retirement to everyone's disappointment! This meant that the search for a new tractor began! Through local business connections the Trust approached Central Motors in Ngatea. After hearing what the Trust was about Central Motors gave the Trust a large discount on Kubota BX1880 and LA344 bucket.

A big thank you to Central Motors for supporting the Trust!



THE TRUST IN THE COMMUNITY

Engaging with the community continues. In the last month, we have been asked to be a guest speaker at Wintec, for students in their Health and Wellbeing Diploma; and also at the brand new Thames Business Association networking breakfast. Tamara gave each group a greater insight into the Trust explaining how we are providing Life Stylers choice and control over the support we can offer. We want to ensure our local community is aware of the Trust and how they can get involved.



Trust Special Olympics Team

Special Olympics are on the last leg of their fundraising for the National Summer games. Due to covid they have had to change the way they fundraise and have put together a *give a little page* to celebrate the 25th Birthday and play on the **\$25 for 25 years**.



Special Olympics

If you would like to support their give a little page, please go to:

<https://givealittle.co.nz/cause/25-for-25>

Valley Profile

Top team all set for Special Olympics

By KELLEY TANTAU

Six athletes from the Supported Life Style Hauraki Trust are looking forward to representing the district when they participate at the Special Olympics at the end of the year. Special Olympics Thames Valley have 14 athletes attending the National Summer Games in Hamilton from December 8-12, competing in four sports: athletics, bocce, indoor bowls, and swimming.

Six of the athletes are from the trust, and they include Carla Van Deventer (swimming), Henry Munro (swimming), Henry Munro and Simon Ashby (bocce), Jonathan Read (athletics), and Kim Forrest (indoor bowls).

Bocce coach Murray Thomas said the athletes have been training weekly, depending on the sport and the season, in the build-up to the event.

"We'll start bocce in the spring, Carla has been continuing her training in the gym and the pool, and Jono has been training in the gym over winter and he'll be training on the track soon."

In August, Special Olympics Thames Valley also hosted a Tier One (one-day) regional event in Ngatea, with teams from Counties Manukau, Rotorua, North Harbour, Tauranga, and Hokianga-Pakuranga attending.

These events were useful in seeing how the athletes per-



Henry Munro, left, Carla Van Deventer, Simon Ashby, Jonathan Read, Kim Forrest, and coach Murray Thomas.

Photo: KELLEY TANTAU

formed in a games environment, Murray said.

There were four main levels of events within the Special Olympics: local, regional, national and international.

"To qualify for the nationals, they have to complete 10 hours weekly training in the 10 weeks leading up to an event, and then they complete the Tier One, then Tier Two, which is a two-day event, and if every-

body is comfortable with that, they qualify to do the nationals, which is a four-day event this year," Murray said.

Held every four years, the National Summer Games is Special Olympics New Zealand's largest national event and one of the country's largest multisport events.

More than 1300 athletes, 450 coaches and up to 600 volunteers from all across New Zea-

land will compete in four days of competition in 10 sports across eight Hamilton venues.

Special Olympics Thames Valley will be sending a coaching staff of six to the games to join the athletes, who come from all over the district and are aged from 21 to 65.

For many of the athletes, it will be their third summer games, Murray said.

And they all agreed that mak-

ing new friends and meeting new people was the highlight of the event. Each athlete pays \$500 to compete at the summer games, with Special Olympics Thames Valley relying on the support of its volunteers and fundraising efforts to make the event a reality.

To find out how to donate, or to keep up with the athletes, find Special Olympics Thames Valley on Facebook.



Life Styler Profile Malcolm Marks

"Hi, my name is Malcolm. I had been living independently in Hamilton before I decided to move to Thames for a more peaceful life by the sea and bush. I like my new house, doing woodwork and walking. I like to treat people well and use my manners. I don't like harsh people or bad weather and I like joking. I'm settling in

well and have been enjoying going to the gym. I have made good friends with Scotty and David and enjoy having a cuppa and a chat with them and lots of the other people I met when I was in Amy street

I am looking forward to getting healthy and then hopefully finding a little job so I can get nice things to decorate my house. I'm also looking forward to going to BBQs and paddling in the sea in the summer.



COVID Vaccination Roll Out

COVID-19 has changed our world. Ensuring that Life Stylers and staff are safe, whilst continuing to maintain personal choice, has been paramount during the roll out of our vaccination plan. We have offered support to obtain the vaccination to everyone whether through local community practices or on-site. We have provided information and passed on the government's encouragement to get vaccinated, however it is not compulsory for everyone to get the vaccination.

We have held three on-site clinics. These sessions, along with individuals choosing to have vaccinations through the community, means that 85% of Life Stylers and approximately 46% staff (staff do not need to inform us if they have had the vaccination, so this may be more) either have been fully vaccinated or in the process of receiving their vaccinations. A further clinic has been organised for the 27th, which will be open to staff and Life Styler families. We will continue to support people to be vaccinated and are carrying out H&S risk assessments on the different roles within the Trust with a view to vaccination needs. It is unlikely that it will be mandatory to have the vaccination however, we want to ensure we are maintaining a safe environment for our community.

If you would like to know more or would like to book a vac for the 27th, contact Tamara on tmarsden@suplife.org.nz



OUTSIDER ART FESTIVAL
Friday 22 October 2021
Grahamstown Bar & Diner, Thames –
opening 5.30pm

Following the success of our inaugural art exhibition and auction last year, we are holding another event in October this year.

This year we were fortunate to receive funding from Creative New Zealand to create an 'Outsider Art Festival'.

"Outsider art" is a term used to describe naive quality, often produced by people who have not trained as artists or worked within the conventional structures of art production. The theme for this Outsider Art Festival is around self-expression, a celebration of diversity and engagement and participation of the community.

Our 2021 exhibition features art works made by Life Stylers in our creativity and community spaces; Artsider and OriginalWorx. Along with work from a series of creative collaborations with different groups from around the Coromandel Peninsula.

We invited creative people and community groups to visit our workshop and offered them access to quality materials to inspire their creativity.

The results of all these collaborations form the basis of the exhibition which will start on Friday 22 October 2021 at 5.30pm at the GBD in Grahamstown. It would be great to see you there, please contact Deb Brock - dbrock@suplife.org.nz to RSVP.



The artwork will be on display for the following week at the GBD for those who are unable to make the opening night. Following the official opening there will be a second event in the performance space of Lotus Realm along with a display of lots of other artworks.

The funds from any of the art purchased will go to the artist Life Styler.



Board Recruitment

The Trust's Board of Trustees provide agile and inclusive governance and strategic leadership to our organization, which successfully delivers our Purpose and is underpinned by our Values.

To continue this work, it has been decided to expand by adding one more person (currently 5 members). Our ideal candidate will have governance experience working with a Board and understand the duty of care required. To complement our current Board profile, we'd prefer candidates with:

- **strong financial skills/background**
- **Treaty of Waitangi understanding**
- **property investment and management skills**
- **fundraising expertise**
- **understanding/experience of living with a disability or a family member who lives with a disability.**

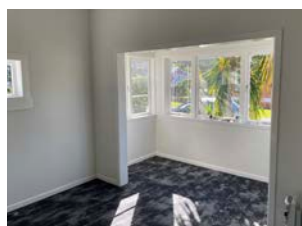


We ask for a commitment of approximately 8 days per year to attend Board meetings, plus time required for special projects as required for three years. It would be great to add another family member to this board. If you are interested or would like to know more, please contact Tamara on tmarsden@suplife.org.nz

For more information on our current Board of Trustees, check out our website <https://suplife.org.nz/about-us/board-of-trustees/>



Trust Property Update - 117 Davy Street



The renovation of 117 Davy is almost complete. The home has had extensive repairs and renovations undertaken over the past months. From partial re-piling, old weatherboards and windows replaced to a complete interior redesign and upgrade. Including new kitchen, bathrooms, painting and carpeting.

If you have any queries around any of our Trust properties, please contact Philip at pwightman@suplife.org.nz



Historical Walkthrough

More than a facelift

207 Williamson Street was built in 1880 and was purchased by its current owners in 2004.

Murray Lynds and Peter Rutherford who were eager to get more houses to accommodate the growing number of people wanting to become Life Stylers were keen to take on a long-term lease of the aged goldminers cottage. Rumour has it that Murray advised the new owners that the house "just needs a little bit of renovation"!!

The "little bit" of renovation took six months from start to finish but the result was well worth the wait. Not only was the house lifted and re-piled, rewired, re-plumbed, a new roof and full repaint, replacement of aged weatherboards along with a total renovation of the interior.

As you can see by the pictures – a once very tired 140 year old miners cottage will now more than likely see the next 140 years - sitting proudly in the once busy hub of historic Grahamstown.

207 Williamson Street is now a cosy, warm and comfortable home for David and James who have lived there for the past eight years.

I am sure if the walls could talk there would be many a story to be told of how life was in the late 1800's living in the wonderful small town of Thames.



FUNDRAISING OPPORTUNITY

We are fundraising to update the equipment in the Trusts' Community spaces; Artsider, OriginalWorx, Music, EquiLibrium, and our farm. We promote independence through designing life style outcomes and assisting them to achieve maximum physical, psychological and spiritual wellbeing. Our Community spaces are pivotal to achieving this.

If you purchase Entertainment Membership you get discounts across many cafes, restaurants and services (including online). We received 20% of each purchase. For a limited

Entertainment

A promotional graphic for Entertainment Membership. It features a couple smiling and holding ice cream cones. Text includes: 'The savvy way to save!', 'Support us & get a FREE Multi City Upgrade with a Single City Membership purchase. SAVE \$50!', 'JOIN NOW', 'PLUS EXTRA MONTH FREE', 'BUY SINGLE CITY MEMBERSHIP \$69.99', 'GET UPGRADED TO MULTI CITY \$19.99 SAVE \$50'.

time if you purchase a single city membership for \$69.99 you get a free upgrade to multi-city.

For more information, check out our website 'support us' page:

<https://suplife.org.nz/support-us/>



Mental Health Awareness Week

27 Sep – 4 Oct



Mental Health Awareness Week (MHAW), is run each year by the Mental Health Foundation and this year the Trust is participating as part of our Health, Safety and Wellbeing (HS&W) review.

During the week, we will be raising awareness around mental health and encouraging people to chat about any issues they are facing. The Trust is a community, and we want a HS&W framework that is

available to everyone and adds a new skill, tool or strategy to your wellbeing kete that can be used as and when needed; every day or when times are tough.

This MHAW is all about connecting with the people in our lives and creating space for conversations about mental health and wellbeing. This year's theme is take time to kōrero/mā te kōrero, ka ora - a little chat can go a long way. Whether it's checking in with a mate, having a kōrero over some kai or saying hello to a stranger, a little chat can go a long way.

Everyday conversations are surprisingly important – and they make a big difference to our mental health. Kōrero's can help you feel good. Over time, these small chats create meaningful connections, help us understand each other better and ensure we have

people we can count on when times are tough.

Activities during the week include short training sessions on mental health awareness, online education links, mindfulness exercises, games and more.....

But don't wait, think about what is important for you to do and what feels best to you when you're feeling down. Maybe it's just texting someone back, taking a moment to notice the sun on your face or listening to a song that connects with you.

If you do want to talk to someone independent to the Trust call or text free to 1737 any time for support from a trained counsellor or Lifeline on 0800 543 354 (0800 LIFELINE) or free text 4357 (HELP).



Staff Party 2021 – Postponed

2020 was one busy year, but no month was busier than December. Due to a number of events spanning 2 weekends in our festive month, we decided to delay our staff party until the New Year. As fate would have it, level four lockdown kicked in 10 days before our staff function was due to be held at the Thames rugby club.

A huge amount of planning had gone into creating a fun night to thank all staff in recognition of their dedication and support of the Trust. A committee was formed to plan the event and the theme decided on was 'country and western hoedown'.

A huge thanks to the organizing committee: Adrian Edhouse, Amy Menzies, Sue Clark, Melissa O'Neil, Anthony Bell, Matt Vendt, Tracey Currill and Caleb Patterson.



Our staff party will go ahead once the alert level restrictions have lifted, and no doubt everyone will be keen to let their hair down by then!



WordFinder

See how many of our Life Stylers names you can find...

S S S Y R A D A E N H O J S S B R Z O N Q V R A L
 G R H E C A L A S C T H O G I K E B I N F E W H L
 F Z T I M A Y R N C I B I A R E T T T C L I D O K
 F E R V S A E U E I O L L R H T N R A L W A Y N E
 P E U T T F J H H N E T A Y C I A L E N E R R A D
 E Y A E Y C N T G W E L T W U U E H D R A H C I R
 X I N R R P D R I E H G O Q T B C S U N N Y P K Z
 R E M X O Q B A E R A A U S G I B R I A N A B F Q
 K U A A B S L R L D Y E M E M A C H S N O L U A P
 R D A A J U E O H N W M M I D C A K T R O Z Q J R
 B K R W Y S A B S A A I E N S S R O A H H M E A A
 N R Y N O T H E A J K A O R H H L G I C A Z I S C
 Y L A N C E C R H L B J R X E L A N L R D F P S H
 Q Z J J O P I T S H P E S O J J A I A N A A I I E
 J E A N I E M L O E D G W R N H N T C A M M L L L
 F V H M B R R L L D A F D K T T X I I L A T L E F
 H E N R Y O E S G E E N R A O A M M S Y J I I M H
 B V U P S G D I B M K A N N V A Q M S D O O H A K
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 Q B W X G O A N C G R O H M I U U K M A L C O L M
 T R J I Y E V X A A C E B S D A R R Y N I A X N G
 L E U M A S M E J R W G T M X S O H E C I N A J Q
 H T F Z C U N M R E Y E V N A N U C H K A S J Q V
 N T O N U K F S A T N O U V J R I K K Q I Y N Q E

AARON
ALEX
ANGELO
ASHLEIGH
BRETT
CALEB
CLINTON
DARRYN
DYLAN
EUGENE
HAMISH
JAMES
JEANIE
JOHN

JOSEPH
KODI
LOUISE
MARIO
MATTHEW
MICHELLE
PETER
RACHEL
ROBERT
SAMUEL
SIMON
SUNNY
TONY

ADAM
ALICE
ANUCHKA
ATENE
BRIAN
CARLA
DANIEL
DAVID
ELLIOT
GARY
HENRY
JAMIE
JEREMY
JONATHAN
KELLIE

KRISTEN
MALCOLM
MARK
MELISSA
PAORA
PHILLIP
RAY
ROSE
SCOTT
SIMON
TERRY
TREVOR

ALASTAIR
ANDREW
ARTHUR
BARRY
BRUCE
CHRIS
DARREN
DEAN
ERICA
GEMMA
JACK
JANICE
JESSICA
JONDA

KIM
LANCE
MARGARET
MARK
MICHAEL
PAUL
QUINTIN
RICHARD
ROSI
SEAN
STUART
TIM
WAYNE



CHRISTMAS PLANNING

Life Stylers going home



Kia ora koutou from Service Delivery

Where has the year gone? already it's spring and heading towards the days of summer which means that Christmas is just around the corner.

To help us with our planning and to ensure we have the right number of staff at the right times over the Christmas Holiday, Team Leaders will be making contact with families over the next couple of weeks to have a first chat about any plans families have or are thinking of for Life Stylers being away from their Trust home for Christmas Day, or a few days or longer.

Between the 23rd December and 5th January, staff will continue to provide fun activities for Life Stylers to take part in while the community vocational spaces are having a bit of well deserved down time.

The Trust provides great service delivery 365 days of the year for every Life Styler, so planning and preparing for the Christmas holiday time for both Life Stylers and staff is an important part of this.

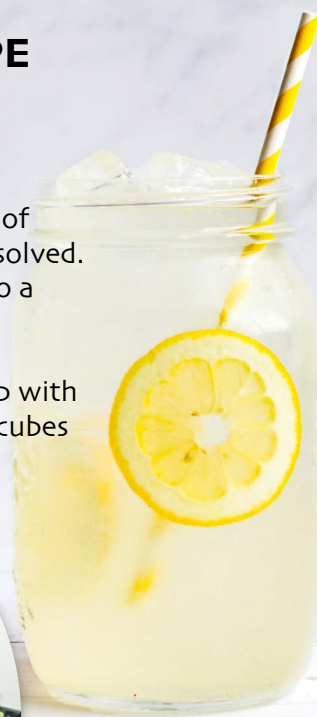
Jack & Steve's

LEMONADE RECIPE

20 lemons juiced
15 tsp raw sugar

Put sugar in a pot with 1 cup of water. Heat and stir until dissolved. Put juice and sugar syrup into a litre container.

To drink, put 50ml of the concentrate in a glass and top with water or soda water, add ice cubes and a slice of lemon.



Supporting Positive Behaviour Training

Team Leaders are attending two days training on supporting positive behaviour on the 28 and 29 September. This training, run by Explore, teaches various forms of behaviour support to suit the individual needs of Life Stylers. Explore's behaviour support pathway focuses on collaboration to understand the meaning of behaviour, manage risk and safety, develop positive behaviour strategies and implement these with coaching and support.

Diabetes /Epilepsy Training

The planned Diabetes and Epilepsy training has been postponed due to lockdown levels. These will be re-scheduled as soon as possible.

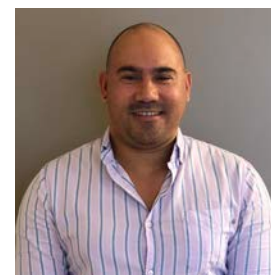
POSTPONED

Team Leaders

To enable more consistency, support and structure across the Trust, we have increased the number of Team Leaders. This is so each Life Styler and staff member have an appointed Team Leader who is responsible for their support. The teams are now smaller and workload is spread, to increase the opportunities for coaching and raising capabilities.



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SUMMER CELEBRATION

THE SUPPORTED LIFE STYLE HAURAKI TRUST

We have decided to delay our Christmas Family celebration until next year. Our venue, Te Puru school, is being renovated. This location fits us perfectly, as we can use the hall and also have a safe, relaxing area outside. We will update you with a date as soon as possible.