

# SNAPSHOT



LIFE IN LOCKDOWN

19 August 2021

Unite  
against  
COVID-19

The Supported Life Style Hauraki Trust

New Zealand is at **Alert Level 4**

Getting through together  
Whāia e tātou te pae tawhiti

## Appreciation Station



**A huge shout out to our Café Staff!!** There has been a huge amount of work to ensure there are meals for everyone AND that they are delivered safely. Melissa, Shekinah, Tiana and Malena have all been working hard to keep things moving smoothly. Awesome work!

- **Total Community Cases - 21**
- **Places of Interest - 69\***
- **No confirmed cases in the Coromandel Area**

\*No current places of interest in Thames. To keep updated on latest updates from the Ministry of Health, please check their website on <https://www.health.govt.nz/>

**Snapshot is coming out for Life Stylers and Staff daily during lockdown to keep us all up to date with how we are each spending our days. There will be thank you's, wellbeing tips, jokes and of course challenges. Let us know all the cool things that are happening out there.**



We want you to spread some love and kindness around the Trust!! If you want to shout out your thanks to someone who has helped out, been kind or done something super.



Check this out - Robbie is making a banner for his mum – hope we get to see it when its finished

### Best (worst) joke competition

Send your jokes to Adrian and we will vote for the funniest at the end of Lockdown

**KNOCK, KNOCK.**  
Who's there?  
**Tank.**  
Tank who?  
**You're welcome.**

You can contribute to the daily snapshot by txtng pictures to Adrian on 0272240922 or by emailing [pandc@suplife.org.nz](mailto:pandc@suplife.org.nz)

Always ask for a persons permission before taking a photo and ask if its ok to share it

### Quote of the Day:

*"The best way to cheer yourself is to try to cheer someone else up."*

– Mark Twain



# What's happening out there?



## Today's Brain Gym: Word Find

All Life Styler's names have been hidden – how many can you find?

S S S Y R A D A E N H O J S S B R Z O N Q V R A L  
 G R H E C A L A S C T H O G I K E B I N F E W H L  
 F Z T I M A Y R N C I B I A R E T T T C L I D O K  
 F E R V S A E U E I O L L R H T N R A L W A Y N E  
 P E U T T F J H H N E T A Y C I A L E N E R R A D  
 E Y A E Y C N T G W E L T W U U E H D R A H C I R  
 X I N R R P D R I E H G O Q T B C S U N N Y P K Z  
 R E M X O Q B A E R A A U S G I B R I A N A B F Q  
 K U A A B S L R L D Y E M E M A C H S N O L U A P  
 R D A A J U E O H N W M M I D C A K T R O Z Q J R  
 B K R W Y S A B S A A I E N S S R O A H H M E A A  
 N R Y N O T H E A J K A O R H H L G I C A Z I S C  
 Y L A N C E C R H L B J R X E L A N L R D F P S H  
 Q Z J J O P I T S H P E S O J J A I A N A A I I E  
 J E A N I E M L O E D G W R N H N T C A M M L L L  
 F V H M B R R L L D A F D K T T X I I L A T L E F  
 H E N R Y O E S G E E N R A O A M M S Y J I I M H  
 B V U P S G D I B M K A N N V A Q M S D O O H A K  
 I C Z I N A W M Y A M O N X T I K A E T D W P N B  
 E B Z A R Q H O K R J U K T Q R D R J L O U I S E  
 Q B W X G O A N C G R O H M I U U K M A L C O L M  
 T R J I Y E V X A A C E B S D A R R Y N I A X N G  
 L E U M A S M E J R W G T M X S O H E C I N A J Q  
 H T F Z C U N M R E Y E V N A N U C H K A S J Q V  
 N T O N U K F S A T N O U V J R I K K Q I Y N Q E

Nice mask wearing guys



## How many lollies are the bag??????



Txt through your guesses to me on 0272240922. The winning guess will be posted in tomorrow's newsletter  
 \*Prizes will be given out after the lockdown ends

## Recipe Corner: 3 Ingredient Scones

Ingredients:

- 3 ½ Cups Self Raising Flour
- 1 Cup Thickened Cream
- 1 Cup Lemonade (Sprite or 7Up)

- Preheat oven to 200°C
- Combine ingredients in a bowl and mix until flour is combined
- knead gently just 3 - 5 times & cut to scone
- Brush the tops lightly with milk.
- Bake for 15 minutes until golden. Place on rack to cool.
- Serve while warm with jam and cream

