

The Supported Life Style Hauraki Trust  
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## The Game of Life

Eugene was seen at the main office looking splendid in his flash suit for his recent ACC meeting, it was a big day and Eugene's plan was to impress.

Eugene has worked so hard on his personal goals and was out to impress everyone on the day of the meeting with the progress that he has made and wanted to tell his story to his ACC agent.

However Eugene did not feel comfortable talking about his progress and so he and his staff decided to make a board game of his life and get everyone who attended the meeting to play and experience what is like to "be" Eugene.

Those who attended and played enjoyed the game and there was much laughter as people moved around the board up the ladders and down the snakes!

Eugene has been attending board game Mondays down at 900 since they started.

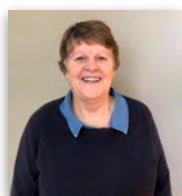
He has fully engaged with others who attend and there is always a lot of good natured banter and laughter among those who come down and play.

Eugene has made great strides through board games and putting his life down in a playable format has him fully engaged and able to connect his decision making with consequences in a fun and meaningful way. Eugene is currently working on another game of his own design just for fun.

Eugene has put in some hard work over the last few months and has shown real growth and perseverance under some challenging circumstances.

We are all very proud of him.

**by Eugene Betham**



A big thanks to **Teresa Tchernegovski** for her generous donation of a Fridge/Freezer which has found its new "Forever Home" out at the Farm.

## Annual Life Styler Ball

**Thursday 12th September**

Grahamstown Hall  
5pm to 8pm.  
Music by Mark Taipari





Beach Road residents are in for a treat. Alice Huggard is enjoying making a batch of melting moments.



Paul Rolton was presented with a shirt from the local rugby club in thanks for the work he does volunteering with them.



**New Zealand has a goal to become Smoke Free by 2025.**

The Supported Life Style Hauraki Trust wants to start and achieve this goal too.

We have started a Quit Smoking Campaign to help with the wellbeing and

health of our Life Styler's and staff.

We are working with Te Korowai Hauora o Hauraki to support our staff and Life Styler's to quit smoking.

This Campaign will run alongside the rollout of properties that will become Smoke Free.

The next Trust property to become Smoke Free will be; 104 Amy St, Thames. This will happen on the Tuesday 1<sup>st</sup> October 2019.

**Trust sites that are already smoke free are:**  
**726 Queen St,**  
**900 Queen St,**  
**210 Kirkwood St**

Robyn Wake  
 Health & Safety Quality Manager

Join Cath and the Beach Clean up crew, every Thursday from 1pm - 3pm

- \* Get out in the fresh air and sunshine (we don't go if its raining)
- \* Get to meet some nice people
- \* Show Thames what The Supported Life Style Hauraki Trust is all about
- \* Make a difference by keeping our beautiful beaches clean & tidy.



On July 2<sup>nd</sup> I went on a well needed holiday and Adventure all the way to North America. I went with a friend who took me to Te Aroha first to have some girly pamper time, we got our nails painted and shaped then had lunch in Paeroa at one3one it was very yummy. We then headed to Auckland to stay at the Novotel right next to the airport for the night. In the morning we went to Butterfly creek and saw the Crocodiles, Fish, Otter's, Dinosaurs and lots of Butterfly's. After butterfly creek it was time for a rest before we hopped on a big plane to fly to Las Vegas. We flew in premium economy which has lots of room and they offer you champagne when you hop on the plane.

When we got to Las Vegas we did lots of things some of my favourite things were seeing Aerosmith in Concert, watching the Blue Man Group, they play music using pipes and seeing the Grand Canyon. We took a bus trip to the Grand Canyon and on the way there we also stopped and saw the Hoover Dam which was very big it took them five years to build it. At the Grand Canyon we went on the Sky Walk which is a big glass platform that you can walk on it was so freaky when I stood on the glass.

My Favourite food over there was buffalo wings, the burgers and the fish & chips. In Las Vegas I tried a strawberry cocktail which was very nice and tasty. After 5 days in Las Vegas we stayed in a flash hotel in Hollywood. We went to Universal Studios, Saw the Hollywood sign, went to Dave and Busters arcade and did some shopping. Then after 4 days we went to Anaheim where Disneyland is. I really liked Disneyland I went on a few rides like Pirates of the Caribbean, It's a Small World, The Hunted Mansion, Winnie the Pooh, Dumbo and the Disneyland Train. I got to see lots of characters, I meet Minnie and Mickey Mouse, Pluto and Snow White. I also saw Donald Duck and Cinderella. While in Anaheim we also went to SeaWorld and the Citadel Shopping Outlets where I brought a few new clothes.

After that big trip it was time to come home and man, I was tired but I had lots of fun I recommend America as a great holiday spot. **Kim Forrest**

## Community Access Workshop Catchup

Despite winter August has been a good month at the CAW. We have had our regular mosaic classes (every Tuesday from 9am-3pm) with tutors David Broad and Kellie Stevens. Simon Mollgaard and Chris Bird have been regular visitors along with Ali Lye, Scott Rountree, Dean Waitere and many other people.

Jack Moskowitz has continued with his screen printing project both on garments and paper and has now sold quite a few of his printed clothes to staff and friends.

We have also had Chris Mules, a local artist, using the CAW regularly this month as she records new sculptural work. She has recently been nominated for the Wallace award based on work she has done at our workshop.

Meanwhile down at 900 Queen St we have a great weaving project, hosted by volunteer Stephenie Collins who is a talented textile artist. She has a loom set up in the front art room and is showing people how to weave. Come down and visit during Mondays and Tuesdays until the end of October.

*Nigel Sparrow*

### RIGHT

Clayton Burney with his mosaic project before he left us for a new phase of his life.





### BELOW

Busy in the workshop is (from back) Henry Munro, Bruce MacGregor & Jeremy Pratt working on their projects.



# WHAT'S ON *calendar*

SEPTEMBER 2019

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
<b>30</b> <b>MONDAY'S</b> * 9:30 WORX * INTRO TO WEAVING 9:30-3:30 * MUSIC MON 9:30-11:30 and 1-3pm * KARAOKI * UKELELE  <b>2pm - ROLL CALL</b>						<b>1</b>  LOTUS REALM EXHIBITION 10 - 3pm
<b>2</b> <b>MONDAY'S</b> * 9:30 WORX * INTRO TO WEAVING 9:30-3:30 * MUSIC MON 9:30-11:30 and 1-3pm * KARAOKI * UKELELE LESSONS 1-2pm	<b>3</b> <b>TUESDAY'S</b> * 9 EXERCISE * 9-3 MOSAIC * ART & GAMES * WEAVING WORKSHOP 9:30-11:30 COMPUTERS * 1-2:30 COMPUTERS * DANCING * YOGA 6:45pm. HEALTH GROOVE	<b>4</b> <b>WEDNESDAY'S</b> * 9 EXERCISE * 10-3 WORX * ART & GAMES * 9:30-11:30 COMPUTERS * 1-2:30 COMPUTERS * 3pm BOWLS	<b>5</b> <b>THURSDAY'S</b> * 9 EXERCISE * 10-3 WORX * ART & GAMES * 9:30-11:30 COMPUTERS * 1-2:30 COMPUTERS * BEACH CLEAN	<b>6</b> <b>FRIDAY'S</b> * 1-4 DVD's * 9:30-11:30 COMPUTERS * 1-2:30 COMPUTERS	<b>7</b> 9am to <b>THAMES MARKETS - Pollen St</b>  LOTUS REALM EXHIBITION 8-4pm	<b>8</b>  LOTUS REALM EXHIBITION 10 - 3pm
<b>9</b> <b>MONDAY'S</b> * 9:30 WORX * INTRO TO WEAVING 9:30-3:30 * MUSIC MON 9:30-11:30 and 1-3pm * KARAOKI * UKELELE LESSONS 1-2pm	<b>10</b> <b>TUESDAY'S</b> * 9 EXERCISE * 9-3 MOSAIC * ART & GAMES * WEAVING WORKSHOP 9:30-11:30 COMPUTERS * 1-2:30 COMPUTERS * DANCING * YOGA 6:45pm. HEALTH GROOVE	<b>11</b> <b>WEDNESDAY'S</b> * 9 EXERCISE * 10-3 WORX * ART & GAMES * 9:30-11:30 COMPUTERS * 1-2:30 COMPUTERS * 3pm BOWLS	<b>12</b> <b>THURSDAY'S</b> * 9 EXERCISE * 10-3 WORX * ART & GAMES * 9:30-11:30 COMPUTERS * 1-2:30 COMPUTERS * BEACH CLEAN  <b>TRUST BALL</b>	<b>13</b> <b>FRIDAY'S</b> * 1-4 DVD's * 9:30-11:30 COMPUTERS * 1-2:30 COMPUTERS	<b>14</b> 9am to <b>THAMES MARKETS - Pollen St</b>  LOTUS REALM EXHIBITION 8-4pm	<b>15</b>  LOTUS REALM EXHIBITION 10 - 3pm
<b>16</b> <b>MONDAY'S</b> * 9:30 WORX * INTRO TO WEAVING 9:30-3:30 * MUSIC MON 9:30-11:30 and 1-3pm * KARAOKI * UKELELE LESSONS 1-2pm	<b>17</b> <b>TUESDAY'S</b> * 9 EXERCISE * 9-3 MOSAIC * ART & GAMES * WEAVING WORKSHOP 9:30-11:30 COMPUTERS * 1-2:30 COMPUTERS * DANCING * YOGA 6:45pm. HEALTH GROOVE	<b>18</b> <b>WEDNESDAY'S</b> * 9 EXERCISE * 10-3 WORX * ART & GAMES * 9:30-11:30 COMPUTERS * 1-2:30 COMPUTERS * 3pm BOWLS	<b>19</b> <b>THURSDAY'S</b> * 9 EXERCISE * 10-3 WORX * ART & GAMES * 9:30-11:30 COMPUTERS * 1-2:30 COMPUTERS * BEACH CLEAN	<b>20</b> <b>FRIDAY'S</b> * 1-4 DVD's * 9:30-11:30 COMPUTERS * 1-2:30 COMPUTERS	<b>21</b> 9am to <b>THAMES MARKETS - Pollen St</b>  LOTUS REALM EXHIBITION 8-4pm	<b>22</b>  LOTUS REALM EXHIBITION 10 - 3pm
<b>23</b> <b>MONDAY'S</b> * 9:30 WORX * INTRO TO WEAVING 9:30-3:30 * MUSIC MON 9:30-11:30 and 1-3pm * KARAOKI * UKELELE LESSONS 1-2pm	<b>24</b> <b>TUESDAY'S</b> * 9 EXERCISE * 9-3 MOSAIC * ART & GAMES * WEAVING WORKSHOP 9:30-11:30 COMPUTERS * 1-2:30 COMPUTERS * DANCING * YOGA 6:45pm. HEALTH GROOVE	<b>25</b> <b>WEDNESDAY'S</b> * 9 EXERCISE * 10-3 WORX * ART & GAMES * 9:30-11:30 COMPUTERS * 1-2:30 COMPUTERS * 3pm BOWLS	<b>26</b> <b>THURSDAY'S</b> * 9 EXERCISE * 10-3 WORX * ART & GAMES * 9:30-11:30 COMPUTERS * 1-2:30 COMPUTERS * BEACH CLEAN	<b>27</b> <b>FRIDAY'S</b> * 1-4 DVD's * 9:30-11:30 COMPUTERS * 1-2:30 COMPUTERS	<b>28</b> 9am to <b>THAMES MARKETS - Pollen St</b>  LOTUS REALM EXHIBITION 8-4pm	<b>29</b>  LOTUS REALM EXHIBITION 10 - 3pm