



THE SUPPORTED  
LIFE STYLE  
HAURAKI TRUST

# THE LIFE STYLER

MAY 2019

The Supported Life Style Hauraki Trust  
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## ANZAC Day Parade

From left: Aaron Cadman, Tim Gooding, Bruce McGregor and Andrew Douglas went to the ANZAC parade. They clapped when they saw the soldiers come around the corner and Andrew saluted them. The boys enjoyed listening to the singing and speeches.

- Andrew enjoyed watching the marching.
- Aaron enjoyed seeing everyone march.
- Bruce enjoyed seeing the army guys marching.
- Tim enjoyed seeing the service men and remembering those who died.

The boys also got a big buzz when they saw Arty Chambers, Peter Moyes and Paul Rolton- marching past.

At the end this lovely officer agreed to pose for a photo with the boys. It was sad to see our officers armed but as she said unfortunately it's the sign of the times.

Lest we forget our fallen soldiers. We are thankful for what we have today because so many gave their lives so we could live in freedom. *Lee Kumeroa - Support Worker*

## Community Access Workshop

Ali Lye cleaning up after working on his mosaic garden piece; Samantha Lee and Robin Munch (from Coromandel plastic free group) admiring a finished shopping bag with screen printed pocket printed in our Community Access Workshop





**New Zealand has a goal to become Smoke Free by 2025. The Supported Life Style Trust wants to start and achieve this goal too.**

We have started a Quit Smoking Campaign to help with the wellbeing and health of our Life Stylers and staff. We are working with Te Korowai Hauora o Hauraki to support our staff and Life Stylers to Quit Smoking.

Our first Quit Smoking Meeting was held at; 726 Queen St, Thames Wednesday 1st May 2019 at 2pm.

This Campaign will run alongside the rollout of properties that will become Smoke Free. The first Trust property to become Smoke Free will be; 726 Queen St, Thames. This will happen on the Monday 3<sup>rd</sup> June 2019. *Robyn Wake, H&S Quality Manager*



Congratulations Aaron Cadman for taking the first step to giving up smoking



## Farewell to our mate Matt Flude

It was a sunny afternoon at the 104 Cafe where we farewelled our much respected mate, team leader and work colleague Matt Flude.

Matt's humble beginnings at the Trust (where payment was Binn Inn vouchers) stayed and endured for 24 years.

Our Life Stylers shared their stories, fond memories and kind words in a showing of heartfelt gratitude for a man they truly loved. There were tears; there were hugs, there was the "Fludie effect" in his simple words as he asked that we be kind and look after one another. Stay calm & laugh lots because laughter was the best medicine!

Matt's humour, smile and larger than life presence will be sorely missed and to that we say Arohanui I hoa journey well and good luck on your new adventures. *Lorreen Wilton, 104 Cafe*



**So on the 27th & 28th April 2019 , Jacob Dobbs and ( I ) Paul Moleta took Mario Ross (left) and David East (right) down to Taupo for the Special Olympics tournament ,**

**Special Olympics**



We had a practice day on Saturday afternoon from 12:30pm; Mario did well in the Skills event and David also excelled in his field on the 9 hole competition hitting 57shots.

Sunday was the big competition day starting at 8am at Taupo Golf Club. We met up with all the other competitors , got into our event groups and headed off.

The weather was threatening to rain all morning; however lucky for us no one got seriously wet. Mario and I had completed our event by 10:30am when his family arrived ,

We had a hot drink to warm up before heading out to do 2 x holes with the family before prize giving. David and Jacob managed to get through their 9 holes without getting too wet either.

Prize Giving was a great surprise for David and Mario; David East getting 2nd place in his 9 hole event & Mario Ross placed 1st in his Skills competition and has now qualified to go through to the 9 x Hole Unified division for the next S.O Games .

I would like to take this opportunity to say CONGRATULATIONS to both Mario and David, and thanks to Jacob for all the time he has put into training with these two athletes.

it was a very successful tournament and the time spent in training has paid off . Well done Thames S.O Golfers, David East and Mario Ross .

## TV Star - Celeste

Back in mid March Celeste Osterman landed herself a featured extra part in an up coming Netflix film, some of which was being shot in Thames. The film will be on Netflix later in the year.

Photo 1: In the film Celeste makes a cameo roll as a shop assistant 'Jo' filmed at Reads Hardware

Photo 2: Celeste discusses her part with the Director

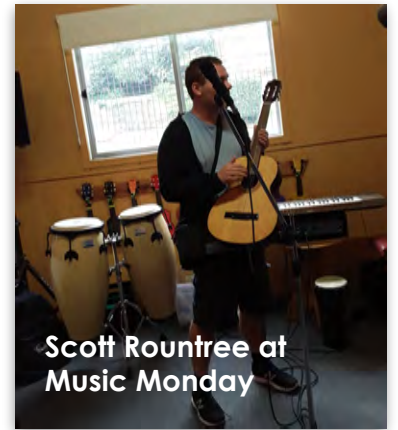
Photo 3: The film also stars Shortland Street's Claire Chatham & Anna Jullienne.



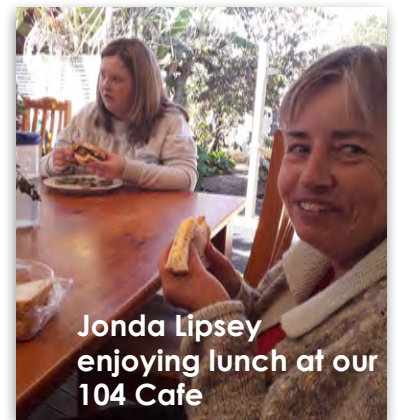
## Out and about



Adam Smith cleaning his scooter



Scott Rountree at Music Monday



Jonda Lipsey enjoying lunch at our 104 Cafe

## Horse Training Day

The first training day was held at the Trust's new horse facility (Panacea), Neavesville Road in Puriri.



Louise Seagar

# WHAT'S ON *calendar*

MAY 2019

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
		<b>1</b> <b>WEDNESDAY'S</b> * 9 EXERCISE * 10-3 WORX * ART & GAMES * 9:30-11:30 COMPUTERS * 1-2:30 COMPUTERS * 1:30pm FILMS * 3pm BOWLS 	<b>2</b> <b>THURSDAY'S</b> * 9 EXERCISE * 10-3 WORX * ART & GAMES * 9:30-11:30 COMPUTERS * 1-2:30 COMPUTERS * 1-2:30 - Food with Julia * BEACH CLEAN	<b>3</b> <b>FRIDAY'S</b> * 1-4 DVD's * 1-2 BAKING/ JULIA * 9:30-11:30 COMPUTERS * 1-2:30 COMPUTERS	<b>4</b> 9am to <b>THAMES MARKETS -</b> Pollen St	<b>5</b> 
<b>6</b> <b>MONDAY'S</b> * 9:30 WORX * MUSIC MON 9:30-11:30 and 1-3pm * KARAOKI * UKELELE LESSONS 1-2pm	<b>7</b> <b>TUESDAY'S</b> * 9 EXERCISE * 9-3 MOSAIC * ART & GAMES * 9-3 COMMUNITY ACCESS WORKSHOP * 9:30-11:30 COMPUTERS * 1-2:30 COMPUTERS * DANCING	<b>8</b> <b>WEDNESDAY'S</b> * 9 EXERCISE * 10-3 WORX * ART & GAMES * 9:30-11:30 COMPUTERS * 1-2:30 COMPUTERS * 1:30pm FILMS * 3pm BOWLS 	<b>9</b> <b>THURSDAY'S</b> * 9 EXERCISE * 10-3 WORX * ART & GAMES * 9:30-11:30 COMPUTERS * 1-2:30 COMPUTERS * 1-2:30 - Food with Julia * BEACH CLEAN <b>Fire Evacuation Training 9am</b>	<b>10</b> <b>FRIDAY'S</b> * 1-4 DVD's * 1-2 BAKING/ JULIA * 9:30-11:30 COMPUTERS * 1-2:30 COMPUTERS	<b>11</b> 9am to <b>THAMES MARKETS -</b> Pollen St	<b>12</b>
<b>13</b> <b>MONDAY'S</b> * 9:30 WORX * MUSIC MON 9:30-11:30 and 1-3pm * KARAOKI * UKELELE LESSONS 1-2pm	<b>14</b> <b>TUESDAY'S</b> * 9 EXERCISE * 9-3 MOSAIC * ART & GAMES * 9-3 COMMUNITY ACCESS WORKSHOP * 9:30-11:30 COMPUTERS * 1-2:30 COMPUTERS * DANCING	<b>15</b> <b>WEDNESDAY'S</b> * 9 EXERCISE * 10-3 WORX * ART & GAMES * 9:30-11:30 COMPUTERS * 1-2:30 COMPUTERS * 1:30pm FILMS * 3pm BOWLS 	<b>16</b> <b>THURSDAY'S</b> * 9 EXERCISE * 10-3 WORX * ART & GAMES * 9:30-11:30 COMPUTERS * 1-2:30 COMPUTERS * 1-2:30 - Food with Julia * BEACH CLEAN	<b>17</b> <b>FRIDAY'S</b> * 1-4 DVD's * 1-2 BAKING/ JULIA * 9:30-11:30 COMPUTERS * 1-2:30 COMPUTERS	<b>18</b> 9am to <b>THAMES MARKETS -</b> Pollen St	<b>19</b>
<b>20</b> <b>MONDAY'S</b> * 9:30 WORX * MUSIC MON 9:30-11:30 and 1-3pm * KARAOKI * UKELELE LESSONS 1-2pm	<b>21</b> <b>TUESDAY'S</b> * 9 EXERCISE * 9-3 MOSAIC * ART & GAMES * 9-3 COMMUNITY ACCESS WORKSHOP * 9:30-11:30 COMPUTERS * 1-2:30 COMPUTERS * DANCING	<b>22</b> <b>WEDNESDAY'S</b> * 9 EXERCISE * 10-3 WORX * ART & GAMES * 9:30-11:30 COMPUTERS * 1-2:30 COMPUTERS * 1:30pm FILMS * 3pm BOWLS 	<b>23</b> <b>THURSDAY'S</b> * 9 EXERCISE * 10-3 WORX * ART & GAMES * 9:30-11:30 COMPUTERS * 1-2:30 COMPUTERS * 1-2:30 - Food with Julia * BEACH CLEAN	<b>24</b> <b>FRIDAY'S</b> * 1-4 DVD's * 1-2 BAKING/ JULIA * 9:30-11:30 COMPUTERS * 1-2:30 COMPUTERS	<b>25</b> 9am to <b>THAMES MARKETS -</b> Pollen St	<b>26</b>
<b>27</b> <b>MONDAY'S</b> * 9:30 WORX * MUSIC MON 9:30-11:30 and 1-3pm * KARAOKI * UKELELE LESSONS 1-2pm  2pm - <b>ROLL CALL</b>	<b>28</b> <b>TUESDAY'S</b> * 9 EXERCISE * 9-3 MOSAIC * ART & GAMES * 9-3 COMMUNITY ACCESS WORKSHOP * 9:30-11:30 COMPUTERS * 1-2:30 COMPUTERS	<b>29</b> <b>WEDNESDAY'S</b> * 9 EXERCISE * 10-3 WORX * ART & GAMES * 9:30-11:30 COMPUTERS * 1-2:30 COMPUTERS * 1:30pm FILMS * 3pm BOWLS 	<b>30</b> <b>THURSDAY'S</b> * 9 EXERCISE * 10-3 WORX * ART & GAMES * 9:30-11:30 COMPUTERS * 1-2:30 COMPUTERS * 1-2:30 - Food with Julia * BEACH CLEAN	<b>31</b> <b>FRIDAY'S</b> * 1-4 DVD's * 1-2 BAKING/ JULIA * 9:30-11:30 COMPUTERS * 1-2:30 COMPUTERS		