

The Supported Life Style Hauraki Trust
Administration Office, 726 Queen Street, PO Box 524, Thames
Ph 07 868 5038 info@suplife.org.nz www.suplife.org.nz
Onsite Team Leaders 0800 787 543

BACK IN TIME

Hello everyone - while rummaging thru our archives I found copies of "The Life Styler Gazette".



Thought I'd share excerpts of these monthly to give you a glimpse into the past of the Trust's progress. Hope you enjoy!

Sandra Higgs Executive Assistant

November 1997! - Peter Rutherford

It certainly has been a year for changes. We have seen so much happening with the progress of each individual and also of the Trust, it really has been a special year.

With the Trust now in its fourth year there has been so much that we have through, I thought it would be good to reflect of the milestones that we have achieved to date.

- Registration with the Charitable Trust
- Registration of Residential accomodation
- Open doors at Midland for funding for each individual
- Establish individuals who wished to win our life style approach
- Registration with Community Funding Agency for vocational training
- The start of Dirty Work Done Cheap - self owned co-operative that each individual has ownership of
- Registration with Industrial Relations approval for Sheltered Workshop
- Development site of 3 Cluster house, 1 Support drop-in care house, office for administration
- Development of Support Staff - 7 full time workers and 2 part timers
- Development of Transport - 2 vans
- Development of recreational equipment; camping equipment, push bikes, fishing boat, fishing equipment

So as you can see we certainly are not sitting idle. And now to the future!



Residents living at the Trust in 1997:

David Blok - Fitness fanatic
Trevor Forsman - Music Lover
Lance Mataherea - Lover of the Sun
Peter Moyes - Lean Machine
Mathew Pearson - Food connoisseur
Patric Raukopa - Chess Chaser
Wayne Richardson - Hair Raiser
Paul Rolton - Champion Business Man
Ralph Sorenson - Choco-holic
Peter Tiller - Draughts Champion



Terry Dwyer and I attended the Wings & Wheels day at the Thames Airfield on Saturday 25 January; this has become a regular event for us and gets bigger and better each year.

The highlight of the day was the aeronautics display. All very impressive and just a bit scary. The grand finale was "The Roaring Forties" a group of 5 Harvard Aircraft doing their thing. The Harvard is Terry's favourite aircraft and his high level of excitement was infectious to those around us - needless to say everyone really enjoyed it. Catherine Herbert

Out and About



Terry Dwyer ready to start the year with some impressive new hardware to keep the farm lawns looking good in 2020.



Dean Richardson enjoying beadwork at the Community Access Workshop



Sean Broff chilling out with the chickens at the farm

Health & Safety in 2020

There is one word that sums up Health & Safety.

"Care"

Care for yourself,
Care for your co-workers,
Care for the Life Styler's home,
Care for the environment you work in.

So don't forget to **CARE** for yourself in 2020.

Robyn Wake
Health & Safety Quality Manager
rwake@suplife.org.nz



Julie Reyland
Receptionist
726 Queen St Office

Hi everyone

My name is Julie Reyland and I am the new receptionist at The Supported Life Style Hauraki Trust.

I am originally from Auckland, but my husband and I recently purchased our first home here in Thames and decided this is where we wanted to permanently live and I have to say I just absolutely love Thames.

I have a vast experience in the workforce. In my younger days I worked in a Gold mine 1000 km north of Perth Western Australia. I started there as a pit technician, then got trained to drive the 85 tonne dump trucks, graders, loader and dozer's and finished there as a purchasing officer. I then came back to NZ as I was pregnant with my first son and I was lucky to end up with four gorgeous boys. I also managed two businesses which led life to be very very busy. 2011 I stepped away from the business's and I went back out to the workforce again where I worked for the TV shop. I started in sales, moved to customer services then became front line receptionist which was my most favourite position.

2015 I fell head over heels in love with a man and decided to follow my heart and move to Australia to see where it would lead me. I spent just under 3 years there. Worked as a customer service consultant, had a job housekeeping in a mine site in Weipa, 3 weeks on 1 week off. 2018 I blissfully married my dream come true.

October 2018 I booked a 2 week holiday to come home to NZ and see my boys and heard my old reception job at the TV shop was available. I applied for this, had a phone interview and got offered my job back, which is what brought us back to NZ. A year later we bought our house in Thames and here we are living down here, living the dream. I absolutely love the outdoors, love being out in our garden and on a nice sunny day love to go for a motorbike ride with my husband. I love the snow in the winter, I spent many years in my younger days skiing.

Life is a blessing and I try to enjoy each and every day to it fullest. I look forward to meeting you all and getting to know you. Juls

How did you first hear about the Trust?

'Seek' when I was looking for work in Thames in 2019.

What was your first impression of the Trust?

I was really impressed. It is so awesome to see the Life Stylers are cared for with so much love kindness and caring.

What one word would friends use to describe you?

Happy

Where do you like to go on holiday?

Anywhere overseas – My favourite place I have been so far is Edinburgh Scotland On a nice sunny day I love to go for a motorbike ride as a passenger with my husband on his Harley. I love snow skiing, gardening, bush walking and I also love to crochet when I have some spare time

What was your first car?

Morris Minor

General Manager

Hello Everyone

I hope you have all had a very Merry Christmas. Over the past month we have been fortunate to have beautiful weather in the Coromandel Peninsula, which everyone has taken the opportunity to enjoy! What a start to 2020!

As we journey through 2020, it is important to acknowledge that the Trust is in its 26th year of operation. Over these years many Life Stylers and staff have journeyed with us and have contributed to what the Trust is today. As always the Trust strives to embody the founding principles and values of Respect, Integrity, Courage and Inclusiveness

To start the year, we would like to acknowledge some of our Life Stylers that have been at the Trust almost since the beginning; Paul Rolton (26 years), Matthew Pearson (25 years), Peter Moyes (24 years) & Wayne Richardson (23 Years).



We would also like to celebrate and honour one of our staff members. Nigel Sparrow who is our longest serving staff will be coming up 20 years in 2020! Thank you for all of your tireless on-going work to the Trust. Also on this note, Joanne and Murray Thomas will be in their 16th year and Sandra Higgs, Cath Herbert, Jeff Gregory and Marlene Williams are coming up 15 years. Once again thank you for your ongoing commitment to the Trust.

2020 promises to be another year of developments and opportunities for the Trust. As most of you have heard, equine therapy is currently off the ground and many Life Stylers are enjoying this Vocational Activity. This is currently being run by our CE Samantha Lee.

We are expanding on the workshops down at Kirkwood which is being led by Debbie Brock and Nigel Sparrow. We are currently working on a new website, Webcare Outcomes Module, People's Strategy and Gold Standard Housing strategy. One of our main drives is to improve our communications with families as this has been an area that needs to improve over the past year. We have many other projects under way, which we will talk to over the coming months as these continue to develop further.

This vision and focus is about being truly community orientated and making sure that everyone has something to do and has a sense of belonging. If you would like to talk further please email me to set up a time pwightman@suplife.org.nz



Talk soon,

Phil Wightman
GM



Community Access Workshop Catchup

Workshop report Feb 2020

And what a start to the new year here at the workshop. We are now operating at the workshop 4 days a week offering a big range of options to be creative.

Deb Brock and I are at the workshop Monday to Thursday and welcome anyone who wants to come and do/learn some creative processes.

Mosaic classes continue on a Tuesday and there are sessions for people to come and make things or spend some creative time each morning from 9am-12pm and then, in the afternoon, from 1pm to 4pm. We already have people making jewellery, painting, screen printing, making plaster sculptures, sewing, weaving and mosaicking, with lots of other things available.

Deb and I put out a schedule but we also work 'freeform' to help people find out what works the best for them.

So come and visit us at the workshop anytime Monday to Thursday. Come by yourself or ask your staff to make contact with Deb or Nigel so we can set up a good time for you to enjoy.

Ka kite ano, Nigel



Simon Mollgaard



Angelo Terry



A neighbour brought this favourite walking stick into Originalworx on Monday and asked if Jerry could help. Jerry fixed the stick so that it was better than new and Maureen came over to Originalworx this morning to gratefully pick her favourite stick up

Human Resource Update

Welcome to 2020 everyone

I hope you all managed to get a few days rest and relaxation over the holiday season.

We have started this year off with a recruitment drive looking for new staff for both the ACC and MOH Teams. So far, we have had a good response to our adverts placed on SEEK NZ and Trade Me. Interviews are currently being held and we will have some new Team Members to introduce over the next few weeks. Our vacancies are also open to our current staff, so please talk to your Team Leader if you are interested in applying.

Our newest Team Member - Julie Reyland started the first week of January and joined our Administration Team. Julie is our Front Desk Administrator, based at our 726 Queen Street Office. If you haven't already, please come and introduce yourselves.

We say farewell to Rebecca Lee who is leaving on the 6th February. Bex has been with the Trust since 2012 and has become both a valued Team Member and good friend to many of the Staff and Life Stylers. Thank you Bex for all the wonderful work and efforts you have given the Trust during your time with us. We will miss your smile and energy and wish you all the best for your next venture.

Upcoming Staff Training:

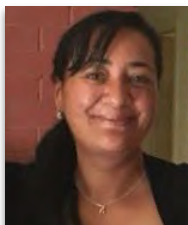
First Aid - 12 & 13 February 2020

MAPA/CPI - 26 & 27 February 2020

Fun Fact:

Our staff have a combined total of over 400 years work experience in our Sector.




Until next time, keep safe, remember to be sun smart and please keep hydrated in this weather.



Alesha Te Amohanga
HR Administrator

WHAT'S ON calendar

FEBRUARY 2020

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
					1 9am to THAMES MARKETS -Pollen St HORSE RIDING LOTUS REALM CONCERT HALL & TEAROOM	2 LOTUS REALM CONCERT HALL & TEAROOM
3 MONDAY'S 9:30 WORX INTRO TO WEAVING 9:30-3:30 MUSIC MON 9:30-11:30 and 1-3pm KARAOKI UKULELE LESSONS 1-2pm	4 TUESDAY'S 9 EXCERCISE 9-3 MOSAIC ART & GAMES WEAVING WORKSHOP 9:30-11:30 COMPUTERS 1-2:30 COMPUTERS DANCING YOGA 6:45pm. HEALTH GROOVE	5 WEDNESDAY'S HORSE RIDING 9 EXCERCISE 10-3 WORX ART & GAMES 9:30-11:30 COMPUTERS 1-2:30 COMPUTERS 3pm BOWLS	6  Public Holiday	7 FRIDAY'S 1-4 DVD's 9:30-11:30 COMPUTERS 1-2:30 COMPUTERS	8 9am to THAMES MARKETS -Pollen St HORSE RIDING LOTUS REALM CONCERT HALL & TEAROOM	9 LOTUS REALM CONCERT HALL & TEAROOM
10 MONDAY'S 9:30 WORX INTRO TO WEAVING 9:30-3:30 MUSIC MON 9:30-11:30 and 1-3pm KARAOKI UKULELE LESSONS 1-2pm	11 TUESDAY'S 9 EXCERCISE 9-3 MOSAIC ART & GAMES WEAVING WORKSHOP 9:30-11:30 COMPUTERS 1-2:30 COMPUTERS DANCING YOGA 6:45pm. HEALTH GROOVE	12 WEDNESDAY'S HORSE RIDING 9 EXCERCISE 10-3 WORX ART & GAMES 9:30-11:30 COMPUTERS 1-2:30 COMPUTERS 3pm BOWLS	13 THURSDAY'S 9 EXCERCISE 10-3 WORX ART & GAMES 9:30-11:30 COMPUTERS 1-2:30 COMPUTERS BEACH CLEAN	14  FRIDAY'S 1-4 DVD's 9:30-11:30 COMPUTERS 1-2:30 COMPUTERS	15 9am to THAMES MARKETS -Pollen St HORSE RIDING LOTUS REALM CONCERT HALL & TEAROOM	16 LOTUS REALM CONCERT HALL & TEAROOM
17 MONDAY'S 9:30 WORX INTRO TO WEAVING 9:30-3:30 MUSIC MON 9:30-11:30 and 1-3pm KARAOKI UKULELE LESSONS 1-2pm	18 TUESDAY'S 9 EXCERCISE 9-3 MOSAIC ART & GAMES WEAVING WORKSHOP 9:30-11:30 COMPUTERS 1-2:30 COMPUTERS DANCING YOGA 6:45pm. HEALTH GROOVE	19 WEDNESDAY'S HORSE RIDING 9 EXCERCISE 10-3 WORX ART & GAMES 9:30-11:30 COMPUTERS 1-2:30 COMPUTERS 3pm BOWLS	20 THURSDAY'S 9 EXCERCISE 10-3 WORX ART & GAMES 9:30-11:30 COMPUTERS 1-2:30 COMPUTERS BEACH CLEAN	21 FRIDAY'S 1-4 DVD's 9:30-11:30 COMPUTERS 1-2:30 COMPUTERS	22 9am to THAMES MARKETS -Pollen St HORSE RIDING LOTUS REALM CONCERT HALL & TEAROOM	23 LOTUS REALM CONCERT HALL & TEAROOM
24 MONDAY'S 9:30 WORX INTRO TO WEAVING 9:30-3:30 MUSIC MON 9:30-11:30 and 1-3pm KARAOKI UKULELE LESSONS 1-2pm 	25 TUESDAY'S 9 EXCERCISE 9-3 MOSAIC ART & GAMES WEAVING WORKSHOP 9:30-11:30 COMPUTERS 1-2:30 COMPUTERS DANCING YOGA 6:45pm. HEALTH GROOVE	26 WEDNESDAY'S HORSE RIDING 9 EXCERCISE 10-3 WORX ART & GAMES 9:30-11:30 COMPUTERS 1-2:30 COMPUTERS 3pm BOWLS	27 THURSDAY'S 9 EXCERCISE 10-3 WORX ART & GAMES 9:30-11:30 COMPUTERS 1-2:30 COMPUTERS BEACH CLEAN	28 FRIDAY'S 1-4 DVD's 9:30-11:30 COMPUTERS 1-2:30 COMPUTERS	29 9am to THAMES MARKETS -Pollen St HORSE RIDING LOTUS REALM CONCERT HALL & TEAROOM	1 MARCH LOTUS REALM CONCERT HALL & TEAROOM