

LIFE STYLE THE LIFE STYLER

DECEMBER 2019

The Supported Life Style Hauraki Trust
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And the Winner's are...





Life Styler of the Year Jack Moskowitz

Jack has been an enthusiastic screen printer this year. Each week he creates prints on paper and clothing and now has a body of work that he's showing and selling at Thames markets. His consistent approach and positive attitude have made him a role model for many Life Stylers.

Worker of the Year John Harrod

John has worked very hard. We had our end of year roll call today, Johns mum came into town for it and he was awarded worker of the year. John was very happy with himself and he definitely deserves it with all the hours he puts in at the Cafe and around the Trust

Paper Wasp Warning



Clinton Care wishes to advise everyone to keep a look out for paper wasp nests...and if found to please destroy immediately.

Special Visitor at Roll Call

The Hon Scott Simpson taking time out from his busy schedule to join us for Roll Call in November. Scott had Lots of questions thrown at him from Life Stylers!

Jonathan proudly thanking Scott for his attendance before joining the group for afternoon tea.



Out and About Aaron Cadman spotted admiring a visitor to town Happy 40th birthday to our special man Adam Larkin left **Shekinah Coake** right. Jeremy Pratt selling some of his artworks at the local Saturday markets in Thames

Carla van Deventer & Elliot Grant at the Christmas Tree Farm

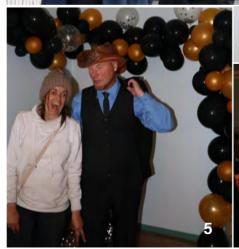
Highlights from the Trust Ball 2019



- 1. Sophy Cagat & Alice Huggard
- 2. Farmer Dee & Terry Dwyer
- 3. Tim Gooding & Bruce MacGregor
- 4. Henry Munro & Ray James
- 5. Kellie Stevens 7 David Broad
- 6. Tiana Way & Simon Ashby
- 7. Milly Stone
- 8. Sam Cawood & Margaret Sinclair













Spring on the Farm

Whew, sure has been hot, hot, hot on the Wharepoa Farm this spring.

There's been plenty of watering happening, animals, plants and PEOPLE......

Lot's of breaks in our working day, sitting under shady trees to cool off and enjoy our beautiful farm.

Our newest additions the wee Kune Kune piglets are loving the company and affection our Life Stylers are heaping on them, they make us all giggle when they roll over for a belly scratch!

Also our kid goats Bubble & Squeak are providing hours of entertainment with their leaping and mischievous antics, these guys too, love a scratch and a cuddle.

Our lawns are looking spiffing thanks to a certain gentleman (Mister Dwyer) and a BIG shout out to all the farm crew who work hard to make the farm the wonderful place it is!

We're all looking forward to our next Farm Fun Day due late January, our Life Styler committee have been putting together some great ideas for this. So watch this space folks!!! from Farmer Dee at the Farm

- 1. Koysta McCabe
- 2. Carla van Deventer & David Armstrong.
- 3. Quintin Chappel & kune kune pigs
- 4. Simon Mollgaard
- 5. Terry Dwyer











Community Access Workshop Catchup

With spring in the air we have some exciting new projects underway.

During the last part of winter we have had a great weaving project happening down at 900 Queen St.

Stephenie Collins, a talented weaver now living on the peninsula, set up two looms and showed people how weaving worked. Lots of people took part and Dean Waitere is shown here helping Stephenie to take some of the weaving off the loom.

Dean has particularly enjoyed the experience and has made some really nice scarves. Work is underway to find him

the right table loom so he can continue with this project into the future. Many thanks to Stephenie for her generous support of this project.



The other great news is we now have all the materials to

Dean Waitere helps **Stephanie** remove the weaving project from the loom.

make new silk screens at our CAW. I worked alongside local artist Lee, who produces the clothing label Pluto and is one of the partners running Huia design store here in Thames, to produce the first new silk screens at the workshop last week.

Jack also continues each week with his screen printing and has now made a good range of T shirts, prints and pillowcases using his own designs.

Meanwhile mosaics continue every Tuesday with David Broad continuing to tutor people in succeeding with mosaic making.

Next door in Originalworx Peter Randall and his enthusiastic crew are making some outstanding projects. Sunny recently finished a beautiful briefcase and Peter Moyes is working on a large scale wooden digger for his nephew.

Until later Nigel Sparrow

Sunny Howett with the wooden case she made.



General Manager

Hello Everyone

Wow what a year it has been!

As we reflect on the past 12 months we can see the Life Stylers, staff and the organisation has achieved so much.

As always our focus has been around our values of Respect, Integrity, Courage and Inclusiveness.

Respect

Show respect, even to people who don't respect you...not as a reflection of their character but as a reflection of yours

Integrity

Doing the right thing even when no-one is looking

Courage

A ship is safe in the harbour but that's not what ships are for **Inclusiveness**

It take a lot of different flowers to make a bouquet

Although images paint a thousand words here are some of the numbers of what we have achieved over the past year.

- We provided over 119,917 hours of support to people supported under MOH residential funding.
- We have developed our Vocational Services significantly and provided an additional 14,379 hours of support.
- Over this past year we provided 3,096 hours of training.

The recent House of Champions documentary was testament to capturing what it looks like living at the Trust and celebrating the differences amongst us and the threads that bind us together. The Trust is often hard to describe in words, but being able to capture it visually paints a thousand words.

As we reflect on 2019, ultimately, we are and always will be a people-based organisation with an obligation to serve, educate and promote equality within our community. As we reflect on the past we will take this learning into 2020 so that our work remains clear and relevant for the future.

Have a very Merry Christmas and a Happy New Year

Phil Wightman





HOUSE OF CHAMPIONS a

60 minute documentary that celebrates the differences amongst us and the threads that bind us together.

Three Life Stylers are striving for Special Olympics glory.

With their sights firmly set on achieving gold, can they beat the odds or will life, love, politics and parties get in the way?

HOUSE OF CHAMPIONS is available on demand at www.threenow.co.nz

THE LIFE STYLE SINGERS 2019 CD

The new CD is out now. A great collection of covers and some original tracks







Summer has arrived so remember to:



•Slip on a shirt



• Slip into the shade



Slop on sun screen



• Slap on a hat



Wrap on sunglasses



 Hydrate by drinking water

2019 Sunsmart message is Know Your Skin. Look for changes for early detection of skin cancer. For more info **look at website**.

Link www.sunsmart.org.nz

Have a Merry Christmas and Safe New Year H&S Manager Robyn Wake



Halloween - Trust Style

On 31st October we celebrated Halloween at the Youth Centre.

A great night was had by all and there were some outstanding costumes and make up.

Both David and Michelle sported the characters of their chosen design on and off the dance floor.

All the costumes were at such a high level and it was not easy to choose the awards

- 1. **Best overall Female** Michelle Boshoff
- 2. **Best overall Male** David Broad
- 3. **Best Costume Male** Elliot Grant
- Best Costume Female Sunny Howett















Beach Clean End of Year Outing

The Beach Clean Crew enjoying our annual fish 'n chip break up lunch. Not a chip survived!!!

From the left: Andrew Douglas, Bruce McGregor, Simon Ashby, Rachel Osborne & Catherine Herbert. Hamish Marshall unfortunately couldn't make it.

Looking forward to hitting the beaches again in 2020.

RESUMING 9th January 2020





Join Cath
and the
1-2pm Beach Clean
up crew,
every
Thursday
from
1pm - 2pm

RESUMING 9th January 2020

- Get out in the fresh air and sunshine (we don't go if its raining)
- Get to meet some nice people
- Show Thames what The Supported Life Style Hauraki Trust is all about
- * Make a difference by keeping our beautiful beaches clean & tidy.



WHAT'S ON calendar DECEMBER 2019

	1	VIIAI	UN Cale	iidai	DECEMBER 2019	
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
900 CI	31 _OSED	WEDNESDAY'S * 9 EXCERCISE * 10-3 WORX * ART & GAMES * 9:30-11:30 COMPUTERS * 1-2:30 COMPUTERS * 3pm BOWLS	THURSDAY'S * 9 EXCERCISE * 10-3 WORX * ART & GAMES * 9:30-11:30 COMPUTERS * 1-2:30 COMPUTERS * BEACH CLEAN	FRIDAY'S * 1-4 DVD's * 9:30-11:30 COMPUTERS * 1-2:30 COMPUTERS	9am to THAMES MARKETS - Pollen St LOTUS REALM CONCERT HALL & TEAROOM	LOTUS REALM CONCERT HALL & TEAROOM
2 MONDAY'S * 9:30 WORX * INTRO TO WEAVING 9:30-3:30 * MUSIC MON 9:30-11:30 and 1-3pm * KARAOKI * UKELELE LESSONS 1-2pm	TUESDAY'S * 9 EXCERCISE * 9-3 MOSAIC * ART & GAMES * WEAVING WORKSHOP 9:30-11:30 COMPUTERS * 1-2:30 COMPUTERS * DANCING * YOGA 6:45pm. HEALTH GROOVE	4 WEDNESDAY'S * 9 EXCERCISE * 10-3 WORX * ART & GAMES * 9:30-11:30 COMPUTERS * 1-2:30 COMPUTERS * 3pm BOWLS	THURSDAY'S * 9 EXCERCISE * 10-3 WORX * ART & GAMES * 9:30-11:30 COMPUTERS * 1-2:30 COMPUTERS * BEACH CLEAN	6 FRIDAY'S * 1-4 DVD's * 9:30-11:30 COMPUTERS * 1-2:30 COMPUTERS	9am to THAMES MARKETS - Pollen St LOTUS REALM CONCERT HALL & TEAROOM	8 LOTUS REALM CONCERT HALL & TEAROOM
9 MONDAY'S * 9:30 WORX * INTRO TO WEAVING 9:30-3:30 * MUSIC MON 9:30-11:30 and 1-3pm * KARAOKI * UKELELE LESSONS 1-2pm	TUESDAY'S * 9 EXCERCISE * 9-3 MOSAIC * ART & GAMES * WEAVING WORKSHOP 9:30-11:30 COMPUTERS * 1-2:30 COMPUTERS * DANCING * YOGA 6:45pm. HEALTH GROOVE	11 WEDNESDAY'S * 9 EXCERCISE * 10-3 WORX * ART & GAMES * 9:30-11:30 COMPUTERS * 1-2:30 COMPUTERS * 3pm BOWLS	12 THURSDAY'S * 9 EXCERCISE * 10-3 WORX * ART & GAMES * 9:30-11:30 COMPUTERS * 1-2:30 COMPUTERS * BEACH CLEAN	13 FRIDAY'S * 1-4 DVD'S * 9:30-11:30 COMPUTERS * 1-2:30 COMPUTERS	9am to THAMES MARKETS - Pollen St LOTUS REALM CONCERT HALL & TEAROOM	LOTUS REALM CONCERT HALL & TEAROOM
16 MONDAY'S * 9:30 WORX * INTRO TO WEAVING 9:30-3:30 * MUSIC MON 9:30-11:30 and 1-3pm * KARAOKI * UKELELE LESSONS 1-2pm	17 TUESDAY'S * 9 EXCERCISE * 9-3 MOSAIC * ART & GAMES * WEAVING WORKSHOP 9:30-11:30 COMPUTERS * 1-2:30 COMPUTERS * DANCING * YOGA 6:45pm. HEALTH GROOVE	18 WEDNESDAY'S * 9 EXCERCISE * 10-3 WORX * ART & GAMES * 9:30-11:30 COMPUTERS * 1-2:30 COMPUTERS * 3pm BOWLS	THURSDAY'S * 9 EXCERCISE * 10-3 WORX * ART & GAMES * 9:30-11:30 COMPUTERS * 1-2:30 COMPUTERS * BEACH CLEAN	20 FRIDAY'S * 1-4 DVD'S * 9:30-11:30 COMPUTERS * 1-2:30 COMPUTERS	9am to THAMES MARKETS - Pollen St LOTUS REALM CONCERT HALL & TEAROOM	LOTUS REALM CONCERT HALL & TEAROOM
23 900 CLOSE	24 D 900 CL	25 Christmas Day	26 Boxing Day	27	9am to THAMES MARKETS - Pollen St LOTUS REALM CONCERT HALL & TEAROOM	LOTUS REALM CONCERT HALL & TEAROOM