



THE SUPPORTED
LIFE STYLE
HAURAKI TRUST

THE LIFE STYLER

APRIL 2018

The Supported Life Style Hauraki Trust
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livingchoices

Introducing the Trust's Living Choices team.



Back left: Ray Schiewek, Fraser
Bruce, Derek Burns
Front: Akasamati, Maria Julian

In 2007 the Government reviewed how disabled people were receiving support and developed a 'new model' for supporting people with mixed abilities. The model highlighted the need to develop new ways of allowing individuals more say over their lives and the way they received support to achieve their goals. To fulfil this vision a number of new support models have been developed, such as: Individualized Funding, Supported Independent Living, and recently Enabling Good Lives (EGL). EGL has been successfully trialed in Waikato over the past few years, and will be implemented nationwide over the next two-three years. In 2016 the Trust formed a team to look after its individually funded Life Stylers. We are calling this team **Living Choices**, which reflects the way we help our Life Stylers to live the life they choose. The team is headed by Maria Julian and includes: Team Leader Fraser Bruce, Ray Schiewek, Akasamati, and Derek Burns.

The Trust's **Living Choices** model is based on the vision and principles of EGL. The EGL vision of supporting people with mixed abilities is, 'they will have greater choice and control over their lives and supports, and make more use of natural and universally available supports'. The person (or their whānau/family) receives the funding and then has the opportunity to

develop supports from the community around them. For the people who choose our Trust to deliver some of that support, the Trust has developed the **Living Choices** team. The team is part of a network of support woven around the person, which includes: whānau/family, friends, and community. Over the next few months we will introduce some of the principles of the **Living Choices** approach, or way.

A person-centered approach is at the core of **Living Choices**. The person and their whānau/family leads, and controls, all the decisions regarding the support they receive to live the life they want. Also, they have appropriate support to make those decisions if they need and want it. This means the person and their whānau/family have more say in how the money available for their support is spent, who will support them, and where, when and how they will receive that support. The support a person receives from the Trust's **Living Choices** team is holistic and tailored to their individual needs and goals. It is based on the principles of Te Whare Tapa Wha – to be healthy we need to care for and develop, our physical, mental, social, and spiritual wellbeing.

More Information is available here:
www.enablinggoodlives.co.nz

Chief Executive

Hello Everyone

The weather here in Thames has cooled down a fair bit and we have all been enjoying a reprieve from the heat and as always there has been plenty going on.

We have been invited to present our learnings on supporting people through the end of life experience at the New Zealand Disability Support Network National Conference in April.

Davina Peke, Phil Wightman and Sandra Higgs will be presenting on what we, as a service, have learnt about providing respectful and caring support through this journey and what it has meant to us to be part of this process. We are especially sharing Warren's story and we thank Maureen, Warren's sister, for allowing us to share the story of his journey.

I would also like to thank those family members who have made contact with me about their feedback for the service and the supports their family members have received.

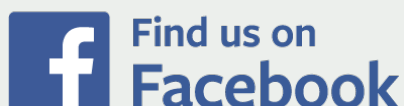
The team and I find all of this information immensely useful in defining what we are doing well and what we could be improving. Please keep the feedback coming.

Thank you also to the families who took the time to speak with the auditors recently. They were very positive about the service and the way things are headed at the Trust and very grateful for the time taken by families to give their feedback on the service.

I look forward to hearing more from you all and your experiences with the service.

Kind Regards

Samantha Lee
CE



Farm Spotlight

This months worker spotlight is on Quintin Chapel.

Quintin attends the farm Monday to Friday from 9-3. When he is at the farm he likes to help with the basic farm chores and is improving in his focus and enthusiasm to work.

Quintin can be praised for his consistency for attending the farm and sticking to his Vocational plan. Keep it up Quintin. *Matt Flude*

SOUL BODY & MIND

We are soul, body and mind
All individuals you will find
Some can accept, others refuse
A few will try, the rest confuse
You know life is a package it's posted and paid
Live to the full and delivery is made
Don't call a heart and put down a spade
Give all you have and you've got it made.

Maria Wherepapa

Vocational Developments

In October 2017, I forwarded a proposal to Management stating the reasons why it was time to re-evaluate the current woodwork department at 900 Queen Street.

The new multi purpose vocational facility based in Kirkwood Street,

Thames will be ready for the relocation of the 900 Woodwork Department in the next 3 weeks.

The Woodwork program is very popular with many of our Life Stylers who show a great sense of pride on completion of their projects.

The building has two large spaces separated by a wall which will allow for additional Vocational programs to be facilitated and the larger space will be utilized as the Carpentry Workshop which is tutored by Peter Randall who has been in this role for two and a half years. This will provide a platform of opportunity to provide more diverse Vocational options for Life Stylers with a key focus on developing a wider network of relationships within the community. *Maria Julian*

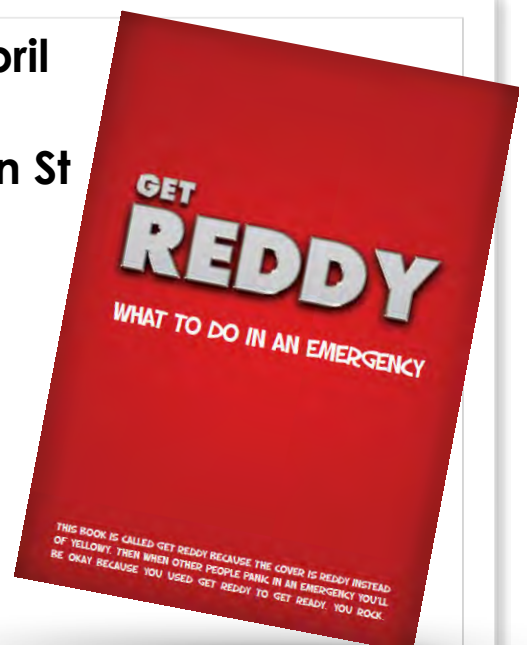


**Above: The new Vocational facility at 210 Kirkwood Street, Thames.
Right: Peter Randall, Wood Work Tutor.**



WHEN: Tue 24th April
TIME: 1pm
WHERE: 726 Queen St

Come and learn about how to look after yourself in an emergency.



WHAT'S ON *calendar*

APRIL 2018

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
<p>30</p>  <p>2pm - ROLL CALL</p> <p>MONDAY'S * 9:30 WORX * MUSIC MON * KARAOKI * UKELELE CLUB</p>					<p>31 MARCH</p> <p>Happy Easter</p> 	<p>1</p> 
<p>2</p> 	<p>3</p> <p>TUESDAY'S * 9 EXERCISE * ART & GAMES * 9:30-11:30 COMPUTERS * 1-2:30 COMPUTERS * 3pm BOWLS</p>	<p>4</p> <p>WEDNESDAY'S * 9 EXERCISE * 10-3 WORX * 9-12 MOSAIC * ART & GAMES * 9:30-11:30 COMPUTERS * 1-2:30 COMPUTERS</p>	<p>5</p> <p>THURSDAY'S * 9 EXERCISE * 10-3 WORX * ART & GAMES * 9:30-11:30 COMPUTERS * 1-2:30 COMPUTERS * BEACH CLEAN POETS CORNER 900 Q / 10am</p>	<p>6</p> <p>FRIDAY'S * 1-4 DVD's * 1-2 BAKING/ JULIA * 9:30-11:30 COMPUTERS * 1-2:30 COMPUTERS</p>	<p>7</p> <p>9am to THAMES MARKETS - Pollen St</p>	<p>8</p>
<p>9</p> <p>MONDAY'S * 9:30 WORX * MUSIC MON * KARAOKI * UKELELE CLUB</p>	<p>10</p> <p>TUESDAY'S * 9 EXERCISE * ART & GAMES * 9:30-11:30 COMPUTERS * 1-2:30 COMPUTERS * 3pm BOWLS</p>	<p>11</p> <p>WEDNESDAY'S * 9 EXERCISE * 10-3 WORX * 9-12 MOSAIC * ART & GAMES * 9:30-11:30 COMPUTERS * 1-2:30 COMPUTERS</p>	<p>12</p> <p>THURSDAY'S * 9 EXERCISE * 10-3 WORX * ART & GAMES * 9:30-11:30 COMPUTERS * 1-2:30 COMPUTERS * BEACH CLEAN POETS CORNER 900 Q / 10am</p>	<p>13</p> <p>FRIDAY'S * 1-4 DVD's * 1-2 BAKING/ JULIA * 9:30-11:30 COMPUTERS * 1-2:30 COMPUTERS</p>	<p>14</p> <p>9am to THAMES MARKETS - Pollen St</p>	<p>15</p>
<p>16</p> <p>MONDAY'S * 9:30 WORX * MUSIC MON * KARAOKI * UKELELE CLUB</p>	<p>17</p> <p>TUESDAY'S * 9 EXERCISE * ART & GAMES * 9:30-11:30 COMPUTERS * 1-2:30 COMPUTERS * 3pm BOWLS</p>	<p>18</p> <p>WEDNESDAY'S * 9 EXERCISE * 10-3 WORX * 9-12 MOSAIC * ART & GAMES * 9:30-11:30 COMPUTERS * 1-2:30 COMPUTERS</p>	<p>19</p> <p>THURSDAY'S * 9 EXERCISE * 10-3 WORX * ART & GAMES * 9:30-11:30 COMPUTERS * 1-2:30 COMPUTERS * BEACH CLEAN POETS CORNER 900 Q / 10am</p>	<p>20</p> <p>FRIDAY'S * 1-4 DVD's * 1-2 BAKING/ JULIA * 9:30-11:30 COMPUTERS * 1-2:30 COMPUTERS</p>	<p>21</p> <p>9am to THAMES MARKETS - Pollen St</p>	<p>22</p>
<p>23</p> <p>MONDAY'S * 9:30 WORX * MUSIC MON * KARAOKI * UKELELE CLUB</p>	<p>24</p> <p>TUESDAY'S * 9 EXERCISE * ART & GAMES * 9:30-11:30 COMPUTERS * 1-2:30 COMPUTERS * 3pm BOWLS</p>	<p>25</p> <p>ANZAC DAY</p> 	<p>26</p> <p>THURSDAY'S * 9 EXERCISE * 10-3 WORX * ART & GAMES * 9:30-11:30 COMPUTERS * 1-2:30 COMPUTERS * BEACH CLEAN POETS CORNER 900 Q / 10am</p>	<p>27</p> <p>FRIDAY'S * 1-4 DVD's * 1-2 BAKING/ JULIA * 9:30-11:30 COMPUTERS * 1-2:30 COMPUTERS</p>	<p>28</p> <p>9am to THAMES MARKETS - Pollen St</p>	<p>29</p>