



THE SUPPORTED  
LIFE STYLE  
HAURAKI TRUST

# THE LIFE STYLER

The Supported Life Style Hauraki Trust  
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Onsite Co-ordinators 0800 787 543

JUNE 2017

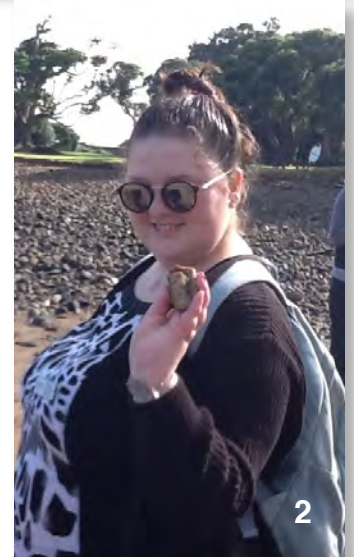


1



4

Thursday 25th May we travelled up to Waiomu Bay with a group of our girls we had planned the trip around our Beach Art projects but then decided why don't we make the most of it!  
*Maria Julian @ 900*



2



3

1. Maria Julian & Piki Muru
2. Milly Stone
3. Sunny Howett & Piki Muru
4. Sunny Howett, Kim Forrest, Pki Muru, Ashley Zecchin, Maria Julian & Milly Stone

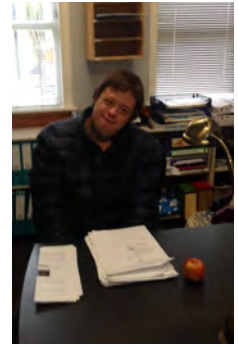
*With the beautiful sun water lapping the shore  
We looked for treasures that lay before  
With laughter and sharing it's photo shoot time  
The girls were in their absolute prime.  
The girls all said " Let's do it again but spend the whole day"  
and aren't we so lucky to have Waiomu Bay.*

Maria Julian



**WANTED**

900 Queen St would appreciate baskets suitable for planting flowers and any old pieces of garden art/ornaments that could be restored as part of our Winter and Spring projects. Please drop off at the admin office, 726 Queen St.  
*Maria Julian*



James Carlsson busy working with the admin team at the 726 Office

We recently had 5 Life Stylers complete a 6 week Advocacy Training Course provided by Progress To Health a well known Service provider from Waikato.

Vanessa Foster travelled from Hamilton every Friday to spend the morning training with the group covering a range of topics and skill development around communication and listening skills learning about personal boundaries when supporting others.

The Group thoroughly enjoyed having Vanessa working with them this showed by their 100% attendance and enjoyment through learning together.

The aim of the training this year is to establish a strong Life Styler Advocates Group to work alongside others and be able to contribute and share their skills and support when needed by others.

It is also about being involved more in the local and regional Advocacy Disability Support Network attending other hui and discussions that our Life Stylers can enjoy being involved in.

Cheryl Bayer (staff support) and Peter Rutherford attended the sessions as well and will continue to support the group moving forward.

A big thanks To Vanessa and the Progress To Health Team.

*Maria Julian*

*From left:  
Melissa Stone Kim Forrest, Cheryl Bayer,  
Kodi Kau Hou, David Broad, Vanessa Foster,  
Arty Chambers*

**CHIEF EXECUTIVE**

Hello everyone

Over the past few months I have been working alongside a company in the design of a new look for the Trust logo. Initially several companies were consulted, with them competing to provide our ideal design.

I am pleased to advise that this process is now complete and we have chosen an inspirational new logo. We are in the process of rolling it out on all our documentation and into social media sites. As you will see the design is indicative of support and inclusion.

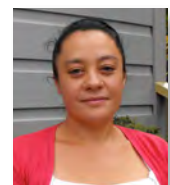
The Trust website is also currently undergoing a re-construction for a total new look and is nearing completion.

Here is the new logo appearing for the first time in our newsletter.

I hope you are as pleased as I am with the new design.



Samantha Lee  
CE



## HORSE RIDING TRIP

On Wednesday 10 May, the Life Stylers who attended the horse riding program during 2016 had an opportunity to visit the horses we know from horse riding. Sam Lee and Jeff Gregory made the arrangements, and with the help of Dennis Mita, Kane Emtage and Gurbinder Singh, 8 of our Life Stylers were supported to attend. Mario Ross, Rachel Osborne, Gavin Copeman, Jessica Edwards, Dean Waitere, Kim Forrest, Jonathan Read, and Wayne Richardson all enjoyed giving the 8 horses we knew a pat (or hug in some cases) and some TLC. Unfortunately, Arthur Chambers was unable to attend. We also met 9 other horses on the way around the farm near Tahuna. A great day was had by all, and we hope to do it again. Big thanks to Jinny for allowing us to visit her farm and Cafe 104 staff for providing a lovely picnic lunch."



## HUMAN RESOURCES

Hello everyone

Here at the Trust we continue to develop our staff workforce and are currently in the process of creating a new, in-depth, Trust wide Induction package for new staff.

We have so many different roles and teams at the Trust now that the old days, where staff learned to do a bit of everything and could work anywhere, have largely passed. Although we still have some of those highly valued backup support workers who can provide cover for illness and annual leave all over the Trust we increasingly need to stream staff into the roles that their skills and experience best suit them for.

As part of our training for staff we have always offered access to NZQA qualifications (NZ Certificate in Health and Wellbeing - Level Two). Over the years many staff have completed this Industry standard with some people moving forward with their study after completing that one, mostly in their own time.

The government recently announced a pay equity settlement for people working in the care and support work industries. This settlement applies to the majority of the staff working at our Trust who provide direct support to Life Stylers living their lives.

As part of this new system all staff will be required to take part in completing the NZ Certificate in Health and Wellbeing mentioned above.

Partly as a result of this, I have a significant number of staff wanting to gain new qualifications and we are presently signing people up for study programs and have incorporated parts of this study into our Induction program.

I'd like to take this moment to welcome new staff members Shayne Giles, Julie Nielson and Kate Coatsworth to the Trust.






Ka kite ano,

Nigel



# WHAT'S ON *calendar*

JUNE 2017

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
			<b>1 THURSDAY'S</b> * 9 EXERCISE * 10-3 WORX * ART & GAMES * 9:30-11:30 COMPUTERS * 1-2:30 COMPUTERS * BEACH CLEAN <b>Fiona - 10.30am</b> meet at Cafe, Pool fun and fitness	<b>2 FRIDAY'S</b> * 1-4 DVD's * 1-2 BAKING/JULIA * 9:30-11:30 COMPUTERS * 1-2:30 COMPUTERS <b>Fiona - 9.30am</b> Meet at cafe, Gym trip	<b>3</b> 9am to 12noon THAMES MARKETS 12noon POLLEN \$T 9am COMPUTER/LITERACY SKILLS 3pm 900 QUEEN 4pm LET'S TALK 7pm 868 3851	<b>4</b>
<b>5</b>  <b>Queens Birthday</b>	<b>6 TUESDAY'S</b> * 9 EXERCISE * ART & GAMES * 9:30-11:30 COMPUTERS * 1-2:30 COMPUTERS * 3pm BOWLS <b>Fiona - 10.30am</b> Meet at Cafe and walk to Dance Fit	<b>7 WEDNESDAY'S</b> * 9 EXERCISE * 10-3 WORX * 9-12 MOSAIC * ART & GAMES * 9:30-11:30 COMPUTERS * 1-2:30 COMPUTERS	<b>8 THURSDAY'S</b> * 9 EXERCISE * 10-3 WORX * ART & GAMES * 9:30-11:30 COMPUTERS * 1-2:30 COMPUTERS * BEACH CLEAN <b>Fiona - 10.30am</b> meet at Cafe, Pool fun and fitness	<b>9 FRIDAY'S</b> * 1-4 DVD's * 1-2 BAKING/JULIA * 9:30-11:30 COMPUTERS * 1-2:30 COMPUTERS <b>Fiona - 9.30am</b> Meet at cafe, Gym trip	<b>10</b> 9am to 12noon THAMES MARKETS 12noon POLLEN \$T 9am COMPUTER/LITERACY SKILLS 3pm 900 QUEEN 4pm LET'S TALK 7pm 868 3851	<b>11</b> 
<b>12 MONDAY'S</b> * 9:30 WORX * MUSIC MON * KARAOKI * UKELELE CLUB	<b>13 TUESDAY'S</b> * 9 EXERCISE * ART & GAMES * 9:30-11:30 COMPUTERS * 1-2:30 COMPUTERS * 3pm BOWLS <b>Fiona - 10.30am</b> Meet at Cafe and walk to Dance Fit	<b>14 WEDNESDAY'S</b> * 9 EXERCISE * 10-3 WORX * 9-12 MOSAIC * ART & GAMES * 9:30-11:30 COMPUTERS * 1-2:30 COMPUTERS 	<b>15 THURSDAY'S</b> * 9 EXERCISE * 10-3 WORX * ART & GAMES * 9:30-11:30 COMPUTERS * 1-2:30 COMPUTERS * BEACH CLEAN <b>Fiona - 10.30am</b> meet at Cafe, Pool fun and fitness	<b>16 FRIDAY'S</b> * 1-4 DVD's * 1-2 BAKING/JULIA * 9:30-11:30 COMPUTERS * 1-2:30 COMPUTERS <b>Fiona - 9.30am</b> Meet at cafe, Gym trip 	<b>17</b> 9am to 12noon THAMES MARKETS 12noon POLLEN \$T 9am COMPUTER/LITERACY SKILLS 3pm 900 QUEEN 4pm LET'S TALK 7pm 868 3851	<b>18</b>
<b>19 MONDAY'S</b> * 9:30 WORX * MUSIC MON * KARAOKI * UKELELE CLUB	<b>20 TUESDAY'S</b> * 9 EXERCISE * ART & GAMES * 9:30-11:30 COMPUTERS * 1-2:30 COMPUTERS * 3pm BOWLS <b>Fiona - 10.30am</b> Meet at Cafe and walk to Dance Fit	<b>21 WEDNESDAY'S</b> * 9 EXERCISE * 10-3 WORX * 9-12 MOSAIC * ART & GAMES * 9:30-11:30 COMPUTERS * 1-2:30 COMPUTERS	<b>22 THURSDAY'S</b> * 9 EXERCISE * 10-3 WORX * ART & GAMES * 9:30-11:30 COMPUTERS * 1-2:30 COMPUTERS * BEACH CLEAN <b>Fiona - 10.30am</b> meet at Cafe, Pool fun and fitness	<b>23 FRIDAY'S</b> * 1-4 DVD's * 1-2 BAKING/JULIA * 9:30-11:30 COMPUTERS * 1-2:30 COMPUTERS <b>Fiona - 9.30am</b> Meet at cafe, Gym trip	<b>24</b> 9am to 12noon THAMES MARKETS 12noon POLLEN \$T 9am COMPUTER/LITERACY SKILLS 3pm 900 QUEEN 4pm LET'S TALK 7pm 868 3851	<b>25</b>
<b>26</b>  9am ROLL CALL <b>MONDAY'S</b> * 9:30 WORX * MUSIC MON * KARAOKI * UKELELE CLUB	<b>27 TUESDAY'S</b> * 9 EXERCISE * ART & GAMES * 9:30-11:30 COMPUTERS * 1-2:30 COMPUTERS * 3pm BOWLS <b>Fiona - 10.30am</b> Meet at Cafe and walk to Dance Fit	<b>28 WEDNESDAY'S</b> * 9 EXERCISE * 10-3 WORX * 9-12 MOSAIC * ART & GAMES * 9:30-11:30 COMPUTERS * 1-2:30 COMPUTERS	<b>29 THURSDAY'S</b> * 9 EXERCISE * 10-3 WORX * ART & GAMES * 9:30-11:30 COMPUTERS * 1-2:30 COMPUTERS * BEACH CLEAN <b>Fiona - 10.30am</b> meet at Cafe, Pool fun and fitness	<b>30 FRIDAY'S</b> * 1-4 DVD's * 1-2 BAKING/JULIA * 9:30-11:30 COMPUTERS * 1-2:30 COMPUTERS <b>Fiona - 9.30am</b> Meet at cafe, Gym trip		